



**2010**

**MANITOBA GYMNASTICS  
ASSOCIATION**

**Awards Event Evening**

**June 11, 2010**

**7:00 p.m. - 9:30 p.m.**

**Holiday Inn Winnipeg South**

**1330 Pembina**

**Winnipeg, MB**

## President's Message

Manitoba Gymnastics continues to offer balanced programming for its athletes, coaches, officials and volunteers.

This year a main area of growth was in "Developing Physical Literacy" throughout Manitoba schools by providing resources both written and teacher supported for the Activity of Gymnastics. Workshops and resources were provided to Special Area Group Teachers as well as to over 100 potential physical education teachers at the University of Manitoba and University of Winnipeg.

Trampoline and Tumbling continues to flourish. Both Springers and Panthers Clubs have very good programs. Manitoba sent a full contingent to Western Canada Cup and one athlete qualified for Canadians in Double Mini Trampoline. We also now have two trained Trampoline and Tumbling National level judges.

Manitoba's Power Smart Games were held on March 7<sup>th</sup> to 10<sup>th</sup> in Portage la Prairie. Manitoba Gymnastics would like to acknowledge the city of Portage along with all athletes, coaches, judges, parents and volunteers. All deserve a big thank you for their efforts in making these Games a reality and a great success.

Western Canadian Championships were held in Regina and proved to be exciting, especially for our Women's National Open Team, which won gold. Manitoba gymnasts brought back 17 medals: 6 Gold, 8 Silver and 3 Bronze. Canadian Championships in Kamloops were also a great success with 4 Gold Medals being won by our gymnasts.

June 30 - July 4, the MGA and Rhythmics Manitoba will host the Canadian Gymnaestrada. Some 761 participants are expected to take part in this event. I wish all involved the very best in their endeavors to make the Canadian Gymnaestrada a great event for the participants.

Tonight I want to recognize all our gymnasts. These athletes deserve our praises, as they are our focal point. As well, I wish to congratulate all the coaches for their successes and to thank our judges and volunteers for their dedication to the sport.

Parents, I commend you for your support of your daughter or son as they pursue their dreams. We recognize your tremendous contribution to their success and what a large part you play in our celebration tonight.

Thank you to Sport Manitoba, and our many sponsors. I wish to acknowledge their loyalty and sustained support of Manitoba Gymnastics. I would also like to thank the sports media for their coverage of our athletes.

Finally I extend my sincerest thanks to our Executive Director Kathy Stoesz, Executive Assistant Linda Megarry, the Board of Directors, and the entire membership for their continued support and dedication.

This evening celebrates the achievements of athletes, coaches, judges, and volunteers. Congratulations to ALL!

Lawrence Oystryk

# Western Canadian Championships

Regina, Saskatchewan

April 29 - May 2, 2010



**Chef de Mission:** Lawrence Oystryk

**Manager:** Kendra Fredricksen

## Artistic Gymnastics Team

### MEN

**Level 4** Joshua Kehler

**Youth** Tyler Franklin

Jason Marks

### WOMEN

**Provincial Tyro** Emma Leipsic  
Abbey Sager Jaelyn Miscavish Isabela Onyshko

**Provincial Novice** Madeleine Arbuckle  
Molly Oswald Meghan Boulanger  
Signey Styles Ashlyn Erickson

**Provincial Open** Rachel Alder  
Amy Schappert Alexandra Empey Peyton Gale  
Nicole Vaillancourt (unable to attend due to injury)

**Pre Novice Aspire** Sydney Alexander  
Madisson Lawrence Amy Hryshko Paige Kent  
Rocio Mohadeb Bailee Rochon

**Pre Novice Elite** Alia Ross

**National Novice** Emily Blackner Mara George

**National Open** Melissa Clark  
Brenley Toffan Sydney McEachern Tristyn Sitarz  
Tegan Turner  
Natalie Gervais (unable to attend due to injury)  
Gabrielle May (unable to attend due to injury)

<b>Coaches</b>	Lauren Bulbuck	Alana Charles	Svetlana Davidov
	Hélène Desmarais	Peter Grozdanovic	Brenda Heard
	Lorie Henderson	Brooke Johnson	Robert Persechino
	Victoria Robson	Sandy Ross	Joe Stouffer
	Rachelle Valel	Murat Kanakayeu	
<b>Judges</b>	Alana Charles	Hélène Desmarais	Angela Djordjevitch
	Nicolas Lees	Patrick Oystryk	Jeff Reznik
	Aaron Rodier	Wendy Smith	

## Western Canada Cup - Trampoline and Tumbling

Airdrie, Alberta

May 7 – 9, 2010

### Team Manitoba

<b>Athletes</b>	Kelsey Berkowski	Valerie Beynon	Sarah Chan
	Astrid Cox	Justine Friesen	Kaitlin Fritz
	Chelsey Froese	Kelsey Hak	Natasha Jenkyns
<b>Coaches</b>	Michelle Dewyn	Lyndsay Houston	
<b>Judge</b>	Toni Montanti		

# Canadian Gymnastics Championships

Kamloops, B.C.  
May 24– 30, 2010



**Chef de Mission** Lawrence Oystryk

## **MEN**

**National Youth** Tyler Franklin Jason Marks

**National Open** Aaron Boila

## **WOMEN**

**Open** Madeleine Arbuckle Melissa Clark Sarah Flett  
Natalie Gervais Sydney McEachern Amy Schappert  
Tristyn Sitarz Brenley Toffan Tegan Turner  
Nicole Vaillancourt (unable to attend due to injury)

**National Novice** Mara George (unable to attend due to injury)

**Novice HP** Emily Blackner

**Junior HP** Ryann Lewis

**Senior HP** Gabrielle May

**Coaches** H el ene Desmarais Lorie Henderson Victoria Robson  
Peter Grozdanovic Robert Persechino  
Rachelle Valel Murat Kanakayeu

**Judges** Alana Charles H el ene Desmarais Nicolas Lees  
Aaron Rodier Lynn Smith Wendy Smith  
Kathy Stoesz

## **TRAMPOLINE & TUMBLING**

**Athlete** Gabrielle Lemire

**Coach** Michelle Dewyn

**Judge** Lyndsay Houston

# 2010 Medal Winners

## 2010 Western Canadian Championships

Emily Blackner

**Gold** Medal Balance Beam

**Silver** Medal Uneven Bars

Alia Ross

**Gold** Medal All Around, Balance Beam

**Silver** Medal Uneven Bars, Floor Exercise

**Bronze** Medal Vault

Tegan Turner

**Gold** Medal Open Team

**Gold** Medal Vault

**Silver** Medal Balance Beam

Melissa Clark

**Silver** Medal All Around, Vault

**Gold** Medal Open Team

**Gold** Medal Uneven Bars

Brenley Toffan

**Gold** Medal Open Team

Sydney McEachern

**Gold** Medal Open Team

Tristyn Sitarz

**Gold** Medal Open Team

**Bronze** Medal All Around

Signey Styles

**Bronze** Medal Balance Beam

Bailee Rochon

**Silver** Medal Vault

Emma Leipsic

**Silver** Medal Uneven Bars

## TRAMPOLINE AND TUMBLING

Kelsey Berkowski

**Gold** Medal Double Mini Trampoline Provincial B

Sarah Chan

**Gold** Medal Trampoline Provincial B

Chelsey Froese

**Gold** Medal Tumbling Provincial C

**Bronze** Medal Double Mini Trampoline Provincial B

Kaitlin Fritz

**Bronze** Medal Team Tumbling

Justine Friesen

**Bronze** Medal Team Tumbling

Valerie Beynon

**Bronze** Medal Team Tumbling

Natasha Jenkyns

**Bronze** Medal Team Tumbling

## **2010 Canadian Championships**

Sarah Flett

**Gold** Medal Vault

**Gold** Medal Balance Beam

Tegan Turner

**Gold** Medal Vault

Aaron Boila

**Gold** Medal Pommel Horse

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Manitoba Gymnastics Association

WEBSITE

[www.gymnastics.mb.ca](http://www.gymnastics.mb.ca)

### Criteria for Sport Excellence Award

<b>COACHES</b>	<i>Award of Merit</i>	Coach at Western and Canadian Championship Level
	<i>Bronze</i>	Coach of Medalist at National Championships (Silver or Bronze) Coach of Gold Medalist at Western Canada Summer Games
	<i>Silver</i>	Coach of a National Champion
<b>ATHLETES</b>	<i>Award of Merit</i>	Provincial National Stream Champion and/or Provincial Team Member
	<i>Bronze</i>	Medalist at National Championships (Bronze or Silver); Gold Medalist at Western Canada Summer Games
	<i>Silver</i>	Gold Medalist at National Championships



# Sport Excellence Awards

## Award of Merit - Coaches

Lauren Bulbuck

Alana Charles

Svetlana Davidov

Hélène Desmarais

Michelle Dewyn

Lorie Henderson

Brenda Heard

Lyndsay Houston

Brooke Johnson

Robert Persechino

Victoria Robson

Sandy Ross

Joe Stouffer

## Award of Merit - Athletes

Rachel Alder

Sydney Alexander

Madeleine Arbuckle

Kelsey Berkowski

Valerie Beynon

Emily Blackner

Meghan Boulanger

Sarah Chan

Melissa Clark

Astrid Cox

Alexandra Empey

Ashlyn Erickson

Tyler Franklin

Justine Friesen

Kaitlin Fritz

Chelsey Froese

Peyton Gale

Mara George

Natalie Gervais

Kelsey Hak

Amy Hryshko

Natasha Jenkyns

Joshua Kehler

Paige Kent

Madisson Lawrence

Emma Leipsic

Gabrielle Lemire

Ryann Lewis

Jason Marks

Gabrielle May

Sydney McEachern

Jaelyn Miscavish

Rocio Mohadeb

Isabela Onyshko

Molly Oswald

Bailee Rochon

Alia Ross

Abbey Sager

Amy Schappert

Tristyn Sitarz

Signey Styles

Brenley Toffan

Nicole Vaillancourt

## Silver Medalists

**Athletes:** Aaron Boila

Sarah Flett

Tegan Turner

**Coaches:** Murat Kanakayeu

Peter Grozdanovic

Rachelle Valel

## Provincial Award Winners

### MEN

<b>Regional Beginner</b>	Chandler Krahn
<b>Regional Advanced</b>	Colton Thomas-Rupp
<b>Provincial Level 1</b>	Zach Dueck
<b>Provincial Level 2</b>	Paul Eros
<b>Provincial Level 4</b>	Joshua Kehler
<b>National Stream – Youth</b>	Tyler Franklin and Jason Marks
<b>National Stream – Open</b>	Aaron Boila

### WOMEN

#### *Regional*

<b>Regional Beginner</b>	Natalie Sluis
<b>Regional Intermediate</b>	Ashleigh Janis
<b>Regional Advanced</b>	Nicole Balzer
<b>Regional Advanced Optional</b>	Alexandra Lucyshen
<b>Provincial Level 1</b>	Kayla Sterling
<b>Provincial Level 2</b>	Ashlen Radics
<b>Provincial Level 3</b>	Paige McLeod
<b>Provincial Level 4</b>	Melissa Dyck
<b>Provincial Level 5</b>	Madeleine Arbuckle
<b>National Pre-Novice Aspire</b>	Bailee Rochon
<b>National Pre-Novice Elite</b>	Alia Ross
<b>Provincial Tumbling</b>	Chelsey Froese
<b>Provincial Trampoline</b>	Sarah Chan
<b>Provincial Double Mini Trampoline</b>	Madelynn Perry
<b>National Double Mini Trampoline</b>	Gabrielle Lemire
<b>National Trampoline</b>	Gabrielle Lemire

## National Award Winners

<b>Keith Carter Award</b>	Aaron Boila
<b>Kathleen Finnegan-Leipsic Award - National Novice</b>	Emily Blackner
<b>Bonnie &amp; Lynette Wittmeier Award - National Open</b>	Sarah Flett
<b>Monica Goermann Award - HP Senior</b>	Gabrielle May

# MGA RECOGNITION AWARDS

## Special Achievement Awards

YEAR	Coaching	Judging	Administrative	Volunteer
1997	Robert Persechino	Lynn Smith	Donna Tesarowski	Sandra Grevstad
1998	Barb Heaps	Colin Lorback	Darwin MacFarlane	Lorie Henderson & Michael Sykes
1999	Hélène Desmarais	Wendy Smith	Rick Anderson	Darlene Sill
2000	Diana Weremiuk	Kathy Stoesz	Sandra Grevstad	Leslie McAvoy
2001	David Sykes	Elfriede Goermann	Chris Yuzdepski	Renate Jubinville
2002	Karen Gutknecht	Tera Lachance	Laura Ealing	Karen Smith
2003	Gerry Seadon	Hélène Desmarais	Barb Heaps	Jody Smith
2004	Bato Rafajlovic		Jane Turkula	Deborah Taylor
2005	Elfriede Goermann	Lorie Henderson	Fred Reichardt	Lawrence Oystryk
2006	Valerie Nuytten	Alana Charles	Bonita Martens	Jennifer Bewski
2007	Peter Grozdanovic		Karen Tsuchino	Doug Safioles
2008	Sheena Reed		Lynne Lasuik	Angela Gaspar
2009	Kendra Fredricksen	Angela Djordjevitch	Linda Megarry	Brian Yaholkowski
2010	TBA	TBA	TBA	TBA

## Jack Mowat Award

1997	Kathy Stoesz	2004	Dale Grevstad
1998	Pat Middleton	2005	Kyle Walsh
1999	Elfriede Goermann	2006	Robert Persechino
2000	Barb Heaps & Lorie Henderson	2007	Laura Ealing & Val Nuytten
2001	Lynn Smith	2008	Hélène Desmarais
2002	Sandra Grevstad	2009	Joe Stouffer
2003	Colin Lorback	2010	TBA

The Manitoba Gymnastics Association would like to recognize and thank all of our Corporate Sponsors for their support.



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The MGA wishes to thank our partners in Sport:



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