



2010

**MANITOBA GYMNASTICS
ASSOCIATION**

Awards Event Evening

June 11, 2010

7:00 p.m. - 9:30 p.m.

Holiday Inn Winnipeg South

1330 Pembina

Winnipeg, MB

President's Message

Manitoba Gymnastics continues to offer balanced programming for its athletes, coaches, officials and volunteers.

This year a main area of growth was in "Developing Physical Literacy" throughout Manitoba schools by providing resources both written and teacher supported for the Activity of Gymnastics. Workshops and resources were provided to Special Area Group Teachers as well as to over 100 potential physical education teachers at the University of Manitoba and University of Winnipeg.

Trampoline and Tumbling continues to flourish. Both Springers and Panthers Clubs have very good programs. Manitoba sent a full contingent to Western Canada Cup and one athlete qualified for Canadians in Double Mini Trampoline. We also now have two trained Trampoline and Tumbling National level judges.

Manitoba's Power Smart Games were held on March 7th to 10th in Portage la Prairie. Manitoba Gymnastics would like to acknowledge the city of Portage along with all athletes, coaches, judges, parents and volunteers. All deserve a big thank you for their efforts in making these Games a reality and a great success.

Western Canadian Championships were held in Regina and proved to be exciting, especially for our Women's National Open Team, which won gold. Manitoba gymnasts brought back 17 medals: 6 Gold, 8 Silver and 3 Bronze. Canadian Championships in Kamloops were also a great success with 4 Gold Medals being won by our gymnasts.

June 30 - July 4, the MGA and Rhythmics Manitoba will host the Canadian Gymnaestrada. Some 761 participants are expected to take part in this event. I wish all involved the very best in their endeavors to make the Canadian Gymnaestrada a great event for the participants.

Tonight I want to recognize all our gymnasts. These athletes deserve our praises, as they are our focal point. As well, I wish to congratulate all the coaches for their successes and to thank our judges and volunteers for their dedication to the sport.

Parents, I commend you for your support of your daughter or son as they pursue their dreams. We recognize your tremendous contribution to their success and what a large part you play in our celebration tonight.

Thank you to Sport Manitoba, and our many sponsors. I wish to acknowledge their loyalty and sustained support of Manitoba Gymnastics. I would also like to thank the sports media for their coverage of our athletes.

Finally I extend my sincerest thanks to our Executive Director Kathy Stoesz, Executive Assistant Linda Megarry, the Board of Directors, and the entire membership for their continued support and dedication.

This evening celebrates the achievements of athletes, coaches, judges, and volunteers. Congratulations to ALL!

Lawrence Oystryk

Western Canadian Championships

Regina, Saskatchewan

April 29 - May 2, 2010



Chef de Mission: Lawrence Oystryk

Manager: Kendra Fredricksen

Artistic Gymnastics Team

MEN

Level 4 Joshua Kehler

Youth Tyler Franklin

Jason Marks

WOMEN

Provincial Tyro Emma Leipsic
Abbey Sager Jaelyn Miscavish Isabela Onyshko

Provincial Novice Madeleine Arbuckle
Molly Oswald Meghan Boulanger
Signey Styles Ashlyn Erickson

Provincial Open Rachel Alder
Amy Schappert Alexandra Empey Peyton Gale
Nicole Vaillancourt (unable to attend due to injury)

Pre Novice Aspire Sydney Alexander
Madisson Lawrence Amy Hryshko Paige Kent
Rocio Mohadeb Bailee Rochon

Pre Novice Elite Alia Ross

National Novice Emily Blackner Mara George

National Open Melissa Clark Sydney McEachern Tristyn Sitarz
Brenley Toffan Tegan Turner
Natalie Gervais (unable to attend due to injury)
Gabrielle May (unable to attend due to injury)

Coaches	Lauren Bulbuck	Alana Charles	Svetlana Davidov
	Hélène Desmarais	Peter Grozdanovic	Brenda Heard
	Lorie Henderson	Brooke Johnson	Robert Persechino
	Victoria Robson	Sandy Ross	Joe Stouffer
	Rachelle Valel	Murat Kanakayeu	
Judges	Alana Charles	Hélène Desmarais	Angela Djordjevitch
	Nicolas Lees	Patrick Oystryk	Jeff Reznik
	Aaron Rodier	Wendy Smith	

Western Canada Cup - Trampoline and Tumbling

Airdrie, Alberta

May 7 – 9, 2010

Team Manitoba

Athletes	Kelsey Berkowski	Valerie Beynon	Sarah Chan
	Astrid Cox	Justine Friesen	Kaitlin Fritz
	Chelsey Froese	Kelsey Hak	Natasha Jenkyns
Coaches	Michelle Dewyn	Lyndsay Houston	
Judge	Toni Montanti		

Canadian Gymnastics Championships

Kamloops, B.C.
May 24– 30, 2010



Chef de Mission Lawrence Oystryk

MEN

National Youth Tyler Franklin Jason Marks

National Open Aaron Boila

WOMEN

Open Madeleine Arbuckle Melissa Clark Sarah Flett
Natalie Gervais Sydney McEachern Amy Schappert
Tristyn Sitarz Brenley Toffan Tegan Turner
Nicole Vaillancourt (unable to attend due to injury)

National Novice Mara George (unable to attend due to injury)

Novice HP Emily Blackner

Junior HP Ryann Lewis

Senior HP Gabrielle May

Coaches H el ene Desmarais Lorie Henderson Victoria Robson
Peter Grozdanovic Robert Persechino
Rachelle Valel Murat Kanakayeu

Judges Alana Charles H el ene Desmarais Nicolas Lees
Aaron Rodier Lynn Smith Wendy Smith
Kathy Stoesz

TRAMPOLINE & TUMBLING

Athlete Gabrielle Lemire

Coach Michelle Dewyn

Judge Lyndsay Houston

2010 Medal Winners

2010 Western Canadian Championships

Emily Blackner

Gold Medal Balance Beam

Silver Medal Uneven Bars

Alia Ross

Gold Medal All Around, Balance Beam

Silver Medal Uneven Bars, Floor Exercise

Bronze Medal Vault

Tegan Turner

Gold Medal Open Team

Gold Medal Vault

Silver Medal Balance Beam

Melissa Clark

Silver Medal All Around, Vault

Gold Medal Open Team

Gold Medal Uneven Bars

Brenley Toffan

Gold Medal Open Team

Sydney McEachern

Gold Medal Open Team

Tristyn Sitarz

Gold Medal Open Team

Bronze Medal All Around

Signey Styles

Bronze Medal Balance Beam

Bailee Rochon

Silver Medal Vault

Emma Leipsic

Silver Medal Uneven Bars

TRAMPOLINE AND TUMBLING

Kelsey Berkowski

Gold Medal Double Mini Trampoline Provincial B

Sarah Chan

Gold Medal Trampoline Provincial B

Chelsey Froese

Gold Medal Tumbling Provincial C

Bronze Medal Double Mini Trampoline Provincial B

Kaitlin Fritz

Bronze Medal Team Tumbling

Justine Friesen

Bronze Medal Team Tumbling

Valerie Beynon

Bronze Medal Team Tumbling

Natasha Jenkyns

Bronze Medal Team Tumbling

2010 Canadian Championships

Sarah Flett

Gold Medal Vault

Gold Medal Balance Beam

Tegan Turner

Gold Medal Vault

Aaron Boila

Gold Medal Pommel Horse

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Visit the
Manitoba Gymnastics Association

WEBSITE

www.gymnastics.mb.ca

Criteria for Sport Excellence Award

COACHES	<i>Award of Merit</i>	Coach at Western and Canadian Championship Level
	<i>Bronze</i>	Coach of Medalist at National Championships (Silver or Bronze) Coach of Gold Medalist at Western Canada Summer Games
	<i>Silver</i>	Coach of a National Champion
ATHLETES	<i>Award of Merit</i>	Provincial National Stream Champion and/or Provincial Team Member
	<i>Bronze</i>	Medalist at National Championships (Bronze or Silver); Gold Medalist at Western Canada Summer Games
	<i>Silver</i>	Gold Medalist at National Championships

Sport Excellence Awards

Award of Merit - Coaches

Lauren Bulbuck

Alana Charles

Svetlana Davidov

Hélène Desmarais

Michelle Dewyn

Lorie Henderson

Brenda Heard

Lyndsay Houston

Brooke Johnson

Robert Persechino

Victoria Robson

Sandy Ross

Joe Stouffer

Award of Merit - Athletes

Rachel Alder

Sydney Alexander

Madeleine Arbuckle

Kelsey Berkowski

Valerie Beynon

Emily Blackner

Meghan Boulanger

Sarah Chan

Melissa Clark

Astrid Cox

Alexandra Empey

Ashlyn Erickson

Tyler Franklin

Justine Friesen

Kaitlin Fritz

Chelsey Froese

Peyton Gale

Mara George

Natalie Gervais

Kelsey Hak

Amy Hryshko

Natasha Jenkyns

Joshua Kehler

Paige Kent

Madisson Lawrence

Emma Leipsic

Gabrielle Lemire

Ryann Lewis

Jason Marks

Gabrielle May

Sydney McEachern

Jaelyn Miscavish

Rocio Mohadeb

Isabela Onyshko

Molly Oswald

Bailee Rochon

Alia Ross

Abbey Sager

Amy Schappert

Tristyn Sitarz

Signey Styles

Brenley Toffan

Nicole Vaillancourt

Silver Medalists

Athletes: Aaron Boila

Sarah Flett

Tegan Turner

Coaches: Murat Kanakayeu

Peter Grozdanovic

Rachelle Valel

Provincial Award Winners

MEN

Regional Beginner	Chandler Krahn
Regional Advanced	Colton Thomas-Rupp
Provincial Level 1	Zach Dueck
Provincial Level 2	Paul Eros
Provincial Level 4	Joshua Kehler
National Stream – Youth	Tyler Franklin and Jason Marks
National Stream – Open	Aaron Boila

WOMEN

Regional

Regional Beginner	Natalie Sluis
Regional Intermediate	Ashleigh Janis
Regional Advanced	Nicole Balzer
Regional Advanced Optional	Alexandra Lucyshen
Provincial Level 1	Kayla Sterling
Provincial Level 2	Ashlen Radics
Provincial Level 3	Paige McLeod
Provincial Level 4	Melissa Dyck
Provincial Level 5	Madeleine Arbuckle
National Pre-Novice Aspire	Bailee Rochon
National Pre-Novice Elite	Alia Ross
Provincial Tumbling	Chelsey Froese
Provincial Trampoline	Sarah Chan
Provincial Double Mini Trampoline	Madelynn Perry
National Double Mini Trampoline	Gabrielle Lemire
National Trampoline	Gabrielle Lemire

National Award Winners

Keith Carter Award	Aaron Boila
Kathleen Finnegan-Leipsic Award - National Novice	Emily Blackner
Bonnie & Lynette Wittmeier Award - National Open	Sarah Flett
Monica Goermann Award - HP Senior	Gabrielle May

MGA RECOGNITION AWARDS

Special Achievement Awards

YEAR	Coaching	Judging	Administrative	Volunteer
1997	Robert Persechino	Lynn Smith	Donna Tesarowski	Sandra Grevstad
1998	Barb Heaps	Colin Lorback	Darwin MacFarlane	Lorie Henderson & Michael Sykes
1999	Hélène Desmarais	Wendy Smith	Rick Anderson	Darlene Sill
2000	Diana Weremiuk	Kathy Stoesz	Sandra Grevstad	Leslie McAvoy
2001	David Sykes	Elfriede Goermann	Chris Yuzdepski	Renate Jubinville
2002	Karen Gutknecht	Tera Lachance	Laura Ealing	Karen Smith
2003	Gerry Seadon	Hélène Desmarais	Barb Heaps	Jody Smith
2004	Bato Rafajlovic		Jane Turkula	Deborah Taylor
2005	Elfriede Goermann	Lorie Henderson	Fred Reichardt	Lawrence Oystryk
2006	Valerie Nuytten	Alana Charles	Bonita Martens	Jennifer Bewski
2007	Peter Grozdanovic		Karen Tsuchino	Doug Safioles
2008	Sheena Reed		Lynne Lasuik	Angela Gaspar
2009	Kendra Fredricksen	Angela Djordjevitch	Linda Megarry	Brian Yaholkowski
2010	TBA	TBA	TBA	TBA

Jack Mowat Award

1997	Kathy Stoesz	2004	Dale Grevstad
1998	Pat Middleton	2005	Kyle Walsh
1999	Elfriede Goermann	2006	Robert Persechino
2000	Barb Heaps & Lorie Henderson	2007	Laura Ealing & Val Nuytten
2001	Lynn Smith	2008	Hélène Desmarais
2002	Sandra Grevstad	2009	Joe Stouffer
2003	Colin Lorback	2010	TBA

The Manitoba Gymnastics Association would like to recognize and thank all of our Corporate Sponsors for their support.



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The MGA wishes to thank our partners in Sport:



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