

The Manitoba Gymnastics Association
would like to recognize and thank all of our
Corporate Sponsors for their support.

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Holiday Inn Winnipeg South
Sport Manitoba

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OUR AWARDS EVENT

Manitoba Gymnastics Association
Springers
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Holiday Inn Winnipeg South
Boston Pizza

The MGA wishes to thank our partners in Sport



and

Manitoba Lotteries Corporation



2013 Awards Event Evening

June 7th, 2013

7:00pm - 9:30pm

Holiday Inn Winnipeg South

1330 Pembina Hwy

Winnipeg, Mb

President's Message

Over its 45 years of existence Manitoba Gymnastics has remained a robust organization offering a wealth of programming. The MGA continues to place great emphasis on gymnast, coach and club development throughout the province.

Regional development has always been and continues to be a huge success. Our coaches and gymnasts have visited various elementary schools and gym clubs around the province, teaching and demonstrating their gymnastic skills. Since its inception this program has significantly increased exposure to the sport of Gymnastics and Trampoline and Tumbling. As a result Manitoba boasts an impressive 6,400 gymnastic participants.

During the year I visited numerous rural and urban clubs. I spoke with many club administrators who were willing to support their coaches and gymnasts in attending such clinics to enhance their skills. I applaud their endeavors and efforts in trying to provide a higher level of gymnastics programming in our province.

In other news, Manitoba Gymnastics had an exceptional year as we experienced yet another hosting of Western Canadian Gymnastics Championships. Our Association took on the challenge and Westerns proved to be a great hit. In addition to having a successful meet, Manitoba gymnasts captured a total of 27 medals. Congratulations to all athletes and coaches for a job well done! The MGA would also like to thank its many volunteers and sponsors who made Western Canadians possible.

Medalists at the Canadian Championships, held in Ottawa, were Natalie Gervais who won Silver on Beam, Madeleine Arbuckle who won Bronze on Vault and Emma Leipsic who also won a Bronze on Vault. In the Junior category Isabela Onyshko won Bronze on Uneven Bars and placed 4th AA. The Women's National Open Team won the Bronze Medal. Congratulations to all who participated in Canadians.

The MGA wants to recognize all our gymnasts. These athletes are our main focal point and they richly deserve our attention, praise and support as they work tirelessly to reach their personal best. In the same light, I wish to congratulate all the coaches for their accomplishments and to thank our judges and volunteers for their unwavering dedication.

MGA Recognition Award

Special Achievement Award

| | Coaching | Judging | Administrative | Volunteer |
|------|--------------------|---------------------|-----------------------|------------------------------------|
| 1997 | Robert Persechino | Lynn Smith | Donna Tesarowski | Sandra Grevstad |
| 1998 | Barb Heaps | Colin Lorback | Darwin MacFarlane | Lorie Henderson & Michael Skyes |
| 1999 | Hélène Desmarais | Wendy Smith | Rick Anderson | Darlene Sill |
| 2000 | Diana Weremiuk | Kathy Stoesz | Sandra Grevstad | Leslie McAvoy |
| 2001 | David Sykes | Elfriede Goermann | Chris Yuzdepski | Renate Jubinville |
| 2002 | Karen Gutknecht | Tera Lachance | Laura Ealing | Karen Smith |
| 2003 | Gerry Seadon | Hélène Desmarais | Barb Heaps | Jody Smith |
| 2004 | Bato Rafajlovic | | Jane Turkula | Deborah Taylor |
| 2005 | Elfriede Goermann | Lorie Henderson | Fred Reichardt | Lawrence Ostryk |
| 2006 | Valerie Nuytten | Alanna Charles | Bonita Martens | Jennifer Bewski |
| 2007 | Peter Grozdanovic | | Karen Tsuchino | Doug Safioles |
| 2008 | Sheena Reed | | Lynne Lasuik | Angela Gaspar |
| 2009 | Kendra Fredricksen | Angela Djordjevitch | Linda Megarry | Brian Yaholkowski |
| 2010 | Rachelle Valel | Lyndsay Houston | Connie Boyachek | Genie Everett |
| 2011 | Michelle Dewyn | Chris Yuzdepski | Peggy Glassco | Glen Marks |
| 2012 | Celia Champion | Krista Reynolds | Aline Pilotte | Krista Niche |
| 2013 | TBA | TBA | TBA | TBA |

Eligibility Criteria

Coaching - Willingness to share ideas, input to the sport, professionalism, professional development and NCCP status

Judging - Willingness to accept & carry out judging responsibilities at clinics & competitions, professionalism, demonstration of an attitude of respect

Administration - Dedication to development through sport of gymnastics at any level

Volunteer - Commitment through contribution to the MGA & development of Gymnastics in Manitoba at any level

For a complete list of Eligibility Criteria please visit www.gymnastics.mb.ca

I offer our warmest congratulations to Kathy Stoesz who attended the Intercontinental Course in Bratislava and maintains her Brevet status as well as Lynn Smith and Wendy Smith who both successfully completed the International Course.

I welcome Regan Bint, our newest staff member and Administrative Assistant to Kathy. She has been with us for 7 months and we greatly appreciate her expertise. Regan replaces Linda Megarry who retired in the New Year.

I also wish to recognize the tremendous contribution of parents to the sport and the enormous role they play in the success of their children. I thank them for their support.

Our sport is indebted to our major partner, Sport Manitoba, and our many other sponsors.

I wish to acknowledge their loyalty and sustained support of Manitoba Gymnastics. I would also like to thank the sports media for their coverage of gymnastics and our athletes.

Finally I extend my sincerest thanks to our Executive Director Kathy Stoesz, Administrative Assistant Regan Bint, the Board of Directors, and the entire membership for your commitment and support.

Lawrence Ostryk



Western Canadian Championships
Winnipeg, Manitoba
May 2 - 4, 2013

Women

| | | | |
|--------------------------|----------------------|------------------------|------------------|
| National Novice | Sydney Alexander | Amy Hryshko | Keanna Ponce |
| | Danika Duncan | Paige Kent | Marielle Roy |
| National Open | Madeleine Arbuckle | Emma Leipsic | Molly Oswald |
| | Meghan Boulanger | Isabela Onyshko | Tegan Turner |
| | Natalie Gervais | | |
| Pre-Novice Aspire | Alexis Gillespie | Maxine Sanders | Julie Sorin |
| | Nicole Gobert | | |
| Pre-Novice Elite | Taya Niessen | | |
| Provincial Novice | Kally Berard | Cristina Doyle | Catherine Robert |
| Provincial Open | Ashlyn Erickson | Lauren Jackman | Signey Styles |
| | Alex Empey | Ashley Jolicoeur | |
| Provincial Tyro | Amelie Boissonneault | Stephanie Clarkson | |
| P4 Invitational | Lydia Barsalou | Jordyn Galloway | Quinn Skrupa |
| | Brook Bradshaw | Alyssa Gauthier | Shea Taylor |
| | Jenna Campbell | Taylor Goodon | Maia Thomlinson |
| | April Demeule | Carina Peinert-Schulze | Jamie Wakin |
| | Kyla Dyck | | |

MGA Recognition Award
Jack Mowat Award

| | |
|------|------------------------------|
| 1997 | Kathy Stoesz |
| 1998 | Pat Middleton |
| 1999 | Elfriede Goermann |
| 2000 | Barb Heaps & Lorie Henderson |
| 2001 | Lynn Smith |
| 2002 | Sandra Grevstad |
| 2003 | Colin Lorback |
| 2004 | Dale Grevstad |
| 2005 | Kyle Walsh |
| 2006 | Robert Persechino |
| 2007 | Laura Ealing & Val Nuytten |
| 2008 | Hélène Desmarais |
| 2009 | Joe Stouffer |
| 2010 | Wendy Smith |
| 2001 | Lawrence Oystryk |
| 2012 | Gerry Seadon |
| 2013 | TBA |

Eligibility Criteria

Awarded to MGA Members who have made significant and long-lasting contributions to the Manitoba Gymnastics Association

Awarded to Officials, Volunteers, Coaches etc. who have shown outstanding achievement in the sport of Gymnastics in Manitoba

Minimum of 10 years involvement in Gymnastics in Manitoba

Sport Excellence Awards

Western Canadian Championships Winnipeg, Manitoba May 2 - 4, 2013

Bronze Medalists - Athletes

| | | |
|--------------------|-----------------|--------------|
| Madeleine Arbuckle | Emma Leipsic | Molly Oswald |
| Meghan Boulanger | Isabela Onyshko | Alia Ross |
| Natalie Gervais | | Tegan Turner |

Bronze Medalists - Coaches

| | | |
|------------------|-------------------|----------------|
| Hélène Desmarais | Lorie Henderson | Joe Stouffer |
| Brenda Heard | Robert Persechino | Rachelle Valel |
| | Sandy Ross | |

Eligibility Criteria for Sport Excellence Awards

ATHLETES

| | |
|-----------------------|--|
| Award of Merit | Provincial National Stream Champion and/or Provincial Team Member |
| Bronze | Medalist at National Championships (Bronze or Silver); Gold Medalists at Western Canada Summer Games |
| Silver | Gold Medalist at National Championships |
| Gold | International Medal Winner |

COACHES

| | |
|-----------------------|---|
| Award of Merit | Coach at Western and Canadian Championship Level |
| Bronze | Coach of Medalist at National Championships (Bronze or Silver) Coach of Gold Medalist at Western Canada Summer Games |
| Silver | Coach of National Champion |
| Gold | Coach of an International Medal Winner |

Men

| | | | |
|-----------------------|------------------|---------------|----------------|
| National Youth | Jérémie Grégoire | | |
| National Open | Taran Barrett | Qayum Hassani | Ian Kielly |
| | Paul Eros | Joshua Kehler | Remi Stockwell |
| | Fahim Hassani | | |
| Level 4 | Raymond Bautista | Mac Neumann | Sam Wenham |
| | Davey Boschmann | Rozen Noureev | Yonatan Orlov |
| | Akira Cormier | | |

Coaches

| | | | |
|------------------|-----------------|-------------------|----------------|
| Amy Adolphe | Lorie Henderson | Tamsyn Lasuita | Sandy Ross |
| Svetlana Davidov | Samantha Higham | Brooke Merrifield | Joe Stouffer |
| Debbie Duncan | Murat Kanakayeu | Nicole Mulder | Rachelle Valel |
| Brenda Heard | Vanessa Keith | Robert Persechino | |

P4 Invitational Coaches

| | |
|-----------------|--------------------|
| Monica Goermann | Roza Mukhamedshina |
|-----------------|--------------------|

Judges

| | | | |
|---------------------|-----------------|--------------|--------------|
| Hélène Desmarais | Nicolas Lees | Aaron Rodier | Kathy Stoesz |
| Angela Djordjevitch | Krista Reynolds | Wendy Smith | |

| | | | |
|-------------------------|------------------|-----------------|--------------------|
| Chef de Mission: | Lawrence Oystryk | Manager: | Kendra Fredricksen |
|-------------------------|------------------|-----------------|--------------------|

Canadian Gymnastics Championships

Ottawa, On

May 21 - 25, 2013

Sport Excellence Awards

Women

| | | | |
|----------------------------------|--------------------|-----------------|--------------------|
| National Novice | Sydney Alexander | Amy Hryshko | Keanna Ponce |
| | Danika Duncan | Paige Kent ** | Marielle Roy |
| National Open Team | Madeleine Arbuckle | Natalie Gervais | Alis Ross |
| | Meghan Boulanger | Emma Leipsic | Tegan Turner |
| | | Molly Oswald | |
| National Open Individuals | Tristyn Sitarz * | Signey Styles | Brenley Toffan |
| Trampoline & Tumbling | | Sarah Chan | Kelsey Hak ** |
| Junior H.P. | Isabela Onyshko | | |
| Senior H.P. | Emily Blackner * | Sarah Flett | Sydney McEachern * |

* Did not attend due to injury

** Did not compete due to injury

Men

National Open Ian Kielly

Coaches

| | | | |
|-------------------|-----------------|-------------------|----------------|
| Hélène Des-marais | Lorie Henderson | Nicole Mulder | Joe Stouffer |
| Michelle Dewyn | Murat Kanakayeu | Robert Persechino | Rachelle Valel |
| Brenda Heard | Vanessa Keith | Sandy Ross | |

Award of Merit - Athletes

| | | |
|----------------------|------------------------|------------------|
| Sydney Alexander | Sarah Flett | Nerisse Martinuk |
| Pierce Barlow | Katherine Frederickson | Sydney McEachern |
| Taran Barrett | Jordyn Galloway | Mac Neumann |
| Raymond Bautista | Alexis Gillespie | Taya Niessen |
| Kally Berard | Nicole Gobert | Rozen Noureev |
| Kelsey Berkowski | Jérémie Grégoire | Yonatan Orlov |
| Emily Blackner | Kelsey Hak | Tirian Plett |
| Mathis Blais | Fahim Hassani | Keanna Ponce |
| Amelie Boissonneault | Qayum Hassani | Catherine Robert |
| Davey Boschmann | Kati Hruska | Marielle Roy |
| Tyler Champagne | Amy Hryshko | Maxine Sanders |
| Delaney Chan | Cole Hutchison | Keaton Savard |
| Sarah Chan | Lauren Jackman | Tristyn Sitarz |
| Stephanie Clarkson | Ashley Jolicoeur | Natalie Sluis |
| Akira Cormier | Linda Joy Kaddu | Julie Sorin |
| Mia Danis | Joshua Kehler | Remi Stockwell |
| Cristina Doyle | Paige Kent | Victoria Stutsky |
| Danika Duncan | Ian Kielly | Signey Styles |
| Alexandra Empey | Isaiah Klassen | Alex Tiaglei |
| Ashlyn Erickson | Max Kornachuk | Brenley Toffan |
| Paul Eros | | Sam Wenham |

Award of Merit - Coaches

| | | |
|-----------------|----------------|-------------------|
| Michelle Dewyn | Bonita Martens | Svetlana Davidov |
| Murat Kanakayeu | Nicole Mulder | Debbie Duncan |
| Vanessa Keith | Amy Adolphe | Brooke Merrifield |
| Tamsyn Lasuita | | Samantha Higham |

Provincial Award Winners

Women

| | |
|------------------------------------|------------------------|
| Regional Intermediate | Katherine Frederickson |
| Regional Advanced | Kati Hruska |
| Regional Provincial 2A Argo - Tyro | Linda - Joy Kaddu |
| Regional Provincial 2A Novice-Open | Victoria Stutsky |
| Provincial Level 1 | Delaney Chan |
| Provincial Level 2 | Natalie Sluis |
| Provincial Level 3 | Nerisse Martinuk |
| Provincial Level 4 | Jordyn Galloway |
| Provincial Level 5 | Ashlyn Erickson |
| National Pre-Novice Aspire | Nicole Gobert |
| National Pre-Novice Elite | Taya Niessen |

Men

| | |
|----------------------|------------------|
| Regional Beginner | Mathis Blais |
| Regional Advanced | Tirian Plett |
| Provincial Level 1 | Max Kornachuk |
| Provincial Level 2 | Alex Tiaglei |
| Provincial Level 3 | Cole Hutchison |
| Provincial Level 4 | Davey Boschmann |
| Provincial Level 5 | Jérémie Grégoire |
| National Stream-Open | Ian Kielly |

Trampoline & Tumbling

| | |
|-----------------------------------|-----------------|
| Provincial Tumbling | Tyler Champagne |
| Provincial Trampoline | Mia Danis |
| Provincial Double Mini Trampoline | Kelsey Hak |

Judges

Angela Djordjevitch Lynn Smith Wendy Smith Kathy Stoesz

Chef de Mission: Lawrence Oystryk

Western Canada Cup Trampoline & Tumbling Port Moody, BC June 7 - 9, 2013

| | | | |
|-----------------|-----------------|------------------|----------------|
| Athletes | Tyler Champagne | Mia Danis | Keaton Savard |
| | Pierce Barlow | Isaiah Klassen | |
| Coaches | Michelle Dewyn | Kelsey Berkowski | Bonita Martens |
| Judges | Chelsey Froese | Natasha Jenkyns | |

National Award Winners

| | |
|---|------------------|
| Keith Carter Award | Ian Kielly |
| Katie McAvooy Award | Isabela Onyshko |
| H.P. Junior | |
| Kathleen Finnegan-Leipsic Award | Sydney Alexander |
| National Novice | |
| Bonnie & Lynette Wittmeier Award | Natalie Gervais |
| National Open | |
| Monica Goermann Award | Sarah Flett |
| H.P. Senior | |
| National Trampoline | Sarah Chan |

Canadian Gymnastics Championships

Award Winners

| | |
|--------------------|------------------------------|
| Madeleine Arbuckle | Bronze - Team, Vault |
| Meghan Boulanger | Bronze - Team |
| Natalie Gervais | Silver - Balance Beam |
| | Bronze - Team |
| Emma Leipsic | Bronze - Team, Vault |
| Isabela Onyshko | Bronze - Uneven Bars |
| Molly Oswald | Bronze - Team |
| Alia Ross | Bronze - Team |
| Tegan Turner | Bronze - Team |

| | |
|----------------|--------------------------------------|
| Alex Empey | Gold - Uneven Bars |
| | Bronze - Beam |
| | Gold - Provincial 5 Open Team |
| Lauren Jackman | Gold - Provincial 5 Open Team |
| Signey Styles | Gold - Provincial 5 Open Team |

Pre-Novice Aspire

| | |
|-------------|---|
| Julie Sorin | Bronze - All Round, Beam, Floor Exercise |
|-------------|---|

National Novice

| | |
|------------------|--------------------------------------|
| Sydney Alexander | Gold - Floor Exercise |
| | Silver - Uneven Bars |
| | Bronze - All Round, Vault |
| | Bronze - National Novice Team |
| Danika Duncan | Bronze - National Novice Team |
| Amy Hryshko | Bronze - National Novice Team |
| Marielle Roy | Bronze - National Novice Team |

Western Canadian Championships

Award Winners

National Open

| | |
|------------------|--|
| Joshua Kehler | Gold - Pommel Horse |
| Ian Kielly | Gold - Parallel Bars |
| | Silver - Vault |
| Paul Eros | Bronze - Parallel Bars |
| Cristina Doyle | Bronze - Provincial 5 Novice Team |
| Kally Berard | Bronze - Provincial 5 Novice Team |
| Catherine Robert | Bronze - Provincial 5 Novice Team |

Provincial 5 Open

| | |
|------------------|--------------------------------------|
| Ashlyn Erickson | Silver - All Round, Floor |
| | Bronze - T Vault |
| | Gold - Provincial 5 Open Team |
| Ashley Jolicoeur | Bronze - T Vault |
| | Gold - Provincial 5 Open Team |

National Open

| | |
|--------------------|--|
| Isabela Onyshko | Gold - All Round, Uneven Bars, Beam |
| | Silver - National Open Team |
| Emma Leipsic | Gold - T Vault |
| | Silver - National Open Team |
| Natalie Gervais | Silver - Beam |
| | Silver - National Open Team |
| Tegan Turner | Silver - T Floor |
| | Silver - National Open Team |
| Meghan Boulanger | Silver - National Open Team |
| Molly Oswald | Silver - National Open Team |
| Madeleine Arbuckle | Silver - National Open Team |