



**MANITOBA GYMNASTICS ASSOCIATION**

**WOMEN'S TECHNICAL COMMITTEE**

**REGULATIONS**

**December 2010**

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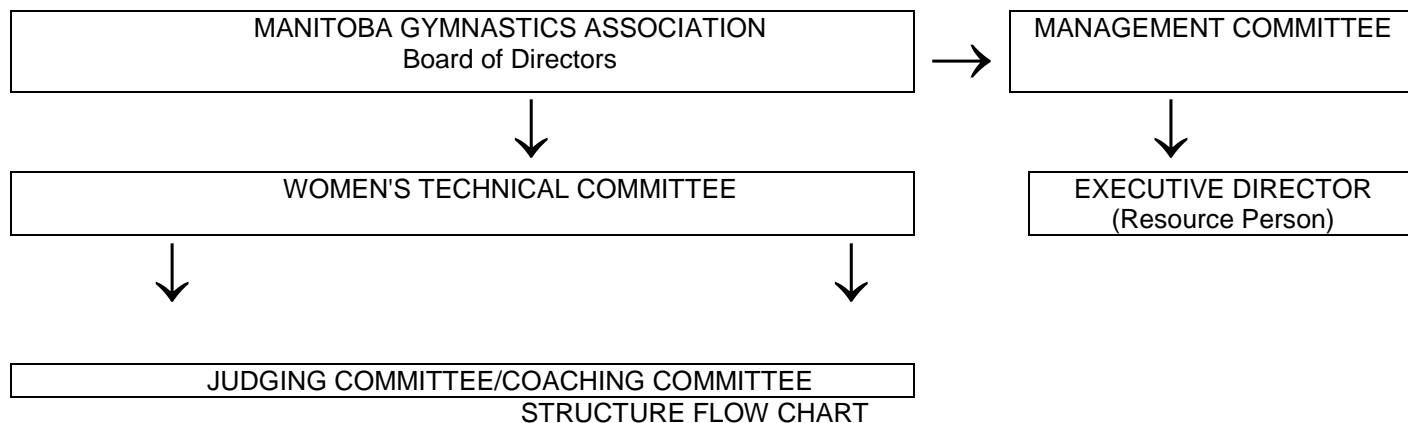
SECTION I - OBJECTIVES, STRUCTURE AND OPERATION OF THE WOMEN'S TECHNICAL COMMITTEE (WTC)

Article 1 - Objectives

- 1.1. The objectives of the WTC of the Manitoba Gymnastics Association (MGA) are:
- 1.1.1. To develop programs to upgrade gymnasts, coaches, and judges at the provincial, national and international level.
  - 1.1.2. To establish and enforce technical regulations for the conduct of Women's Gymnastics in the Province of Manitoba in accordance with the rules of Gymnastics Canada Gymnastique and with the policies of the MGA.
  - 1.1.3. To upgrade and raise the profile of Women's Gymnastics in Manitoba.

Article 2 - Composition of WTC

- 2.1. The Technical Committee will consist of:
- 2.1.1.1. Chairperson
  - 2.1.1.2. Vice-Chairperson
  - 2.1.1.3. Judging Chairperson
  - 2.1.1.4. Coaching Chairperson
  - 2.1.1.5. Each member competitive club with provincial and/or national competitive gymnasts shall have the right to appoint one voting representative.
  - 2.1.1.6. Regional Stream Representative (ex-officio) to attend meetings as required when Regional Stream topics are under consideration.)
- 2.2. The Executive Director and MGA President are ex-officio, non voting members.
- 2.3. To be a member of the WTC, an individual must be a member in good standing of the MGA.
- 2.4. The Chairperson is elected for a two (2) year term at the MGA Annual General Meeting every uneven year.
- 2.5. The Vice-Chairperson and Coaching Chairperson are elected for a two year term by the WTC.
- 2.6. The Judging Chairperson is elected by the Judging Committee every 2 years and ratified by the WTC.



Article 3 - Duties of WTC

3.1. The functions of the Technical Committee are:

3.1.1. to be directly responsible to, accountable to and report to the Executive Committee of the MGA, through the Technical Chairperson, on:

- 3.1.1.1. all technical policy
- 3.1.1.2. all short and long term plans and objectives
- 3.1.1.3. all technical budgets

3.1.2. to appoint sub-committees

Article 4 - Duties of WTC Members

4.1. Chairperson

4.1.1. To call and chair all meetings of the Technical Committee and to ensure that proper minutes of such meetings are kept.

4.1.2. To represent the Technical Committee at Executive Meetings of the MGA.

4.1.3. To provide leadership and coordination to the Technical Committee and further the objectives of the Committee and the MGA.

4.1.4. To initiate the formation of sub-committees as required, through the Technical Committee for Regional, Provincial and National Committees.

4.2. Vice-Chairperson

4.2.1. To assume all the duties of the Technical Chairperson in the absence of the Chairperson.

4.2.2. To act as Chairperson, should the office of the Chairperson become vacant, until such time as the Executive may appoint a successor.

4.2.3. To carry out such other duties as the Committee may assign.

#### 4.3. Judging Chairperson

- 4.3.1. To be responsible for the improvement of officials in the Province, from Regional to National Stream through such methods as the Committee may determine.
- 4.3.2. To maintain an up-to-date list of all registered judges.
- 4.3.3. To submit Judges' Minutes/Reports and Judging requests to WTC.
- 4.3.4. To carry out such other duties as the Committee may assign.

#### 4.4. Coaching Chairperson

- 4.4.1. To be responsible for the improvement of coaching skills in the Province, from Regional to National Stream, through such methods as the Committee may determine.
- 4.4.2. To carry out such other duties as the Committee may assign.

#### Article 5 - Meetings

- 5.1. The Technical Committee shall hold regular meetings at least once every two months.
- 5.2. Observers are welcome to attend meetings, but shall not have the right to speak without permission from the Chair. They will not have the right to vote.
- 5.3. The Chairperson, or in his/her absence, the Vice-Chairperson, shall call all meetings of the Technical Committee and give five days notice of the meeting by mail, or two days by phone/fax or e-mail.
- 5.4. Each officer of the Technical Committee and each member club shall have one vote.
- 5.5. No proxy votes are allowed.
- 5.6. Four votes will make up a quorum when the following individuals are in attendance: Chairperson or Vice Chairperson, Coaching or Judging Chairperson, 2 clubs other than those represented by Chairpersons. As long as the "Chair's" club has another representative at the meeting, that club may be included in the number required to form a quorum.  
  
If five votes are present, the complement of votes does not need to be as designated as above. (Conference calls on specific issues will be permitted for out-of-Winnipeg WTC members.)
- 5.7. Meeting Agendas: Provincial Stream topics will be placed first on the Agenda to permit Clubs whose interest only lies in this Program to attend the first portion of the meeting.
- 5.8. Motions arising at any meeting shall be decided by a simple majority of votes cast.
- 5.9. The Chairperson shall have the right to vote on all questions, but in the event of a tie, the motion shall be declared lost.
- 5.10. The Chairperson or Vice-Chairperson shall call a meeting of the Committee at any time on the request of any three members of the Committee, the requisition stating clearly the business to be conducted at the Meeting.

- 5.11. The Chairperson and/or Vice-Chairperson reserves the right to place on the Agenda a items which are presented in written form, prior to the meeting being called to order.
- 5.12. All meetings will follow rules and regulations in order identified in Roberts Rules of Order

Article 6 - Reporting and Responsibility Regulations of the WTC

- 6.1. The Gymnastics year, for purposes of these regulations, shall be from the day following the Annual General Meeting to the date of the next Annual General Meeting.
- 6.2. The Executive Director shall be the recorder of all minutes. The minutes will be distributed to the WTC within 3 weeks of the meeting.
- 6.3. The members of the WTC are responsible for ensuring that their current mailing addresses and e-mail addresses are known to the Chairperson, and shall advise in writing of any changes in address.
- 6.4. The Chairperson shall present in writing, to the MGA Executive, any motions made by the WTC requiring ratification by the MGA Executive.
- 6.5. The Chairperson must present all matters requiring ratification by the MGA Executive in the manner that they have been determined by the Committee majority.

Article 7 - Changes to the Women's Technical Regulations

- 7.1. All changes to the Women's Technical Regulations and Appendices must be put in the form of a motion and distributed to all voting members two weeks prior to the meeting at which time the vote will be called. The motion must have a seconder before being open for discussion.

Article 8 - Structure for Subcommittees

- 8.1. Membership: A maximum of three voting members of the WTC may sit on a sub-committee. This will ensure that the sub-committee never has a majority influence. As many members as necessary to complete the task may sit on the sub-committee. These members may not be members of the WTC.
- 8.2. Policy: The recommendations brought forth by the sub-committee will be carried by a simple majority of the sub-committee members.

Article 9: Provincial Awards:

- 9.1 The following awards will be presented to gymnasts at the Annual MGA Awards Event.
  - 9.1.1. National Novice – Kathleen Finnegan-Leipsic Award: Highest ranking AA gymnast based upon results of MB Open Championships.
  - 9.1.2. National Open – Bonnie and Lynnette Wittmeier Award: Highest ranking AA gymnast based upon results of MB Open Championships.
  - 9.1.3. Junior High Performance – Katie McAvoy Award: Highest ranking AA gymnast at Canadian Championships.
  - 9.1.4. Senior High Performance – Monica Goermann Award: Highest ranking AA gymnast at Canadian Championships.

## **SECTION II - MANITOBA COMPETITIVE STRUCTURE**

### **Article 1 - Competition Levels**

#### **1.1. Age Classifications**

- 1.1.1 Please see: Appendix A – Canadian Provincial Competition Structure and Age Groups.
- 1.1.2 Petitions must be submitted in writing 30 day prior to the competition for a gymnast who is not 8 years old age for Provincial Stream or not 7 years old for Regional Stream. Petitions must be submitted to the WTC Chairperson. The WTC will determine if the petition is acceptable.
- 1.1.3 Provincial Stream: Provincial Championships, Manitoba Open Championships, Western Canadian Championships:
- 1.1.4 National Stream:
  - 1.1.4.1. PRE NOVICE Born 1999 - 2001
  - 1.1.4.2. NOVICE Born 1997 - 1999
  - 1.1.4.3. OPEN Born 1997 or earlier
  - 1.1.4.4. HIGH PERFORMANCE See GCG Regulations

### **Article 2 - Eligibility for Competitions**

- 2.1. All competitors in MGA Sanctioned competitions must be MGA and GCG members in good standing. An athlete who has paid and registered with MGA is automatically a GCG member.
- 2.2. All clubs must complete the competitive registration form annually.
- 2.3. All competitive athletes must be registered as of October 31st or three weeks prior to their first competition.

### **Article 3 - Club Transfers**

- 3.1. A gymnast must not register with more than one club as a competitive athlete. All gymnasts must wait 90 days before competing for a different club. The 90 day waiting period commences when the written official transfer request is received and date-stamped by the Administrative Assistant at the MGA Office.  
A written response to the receipt of the transfer request will be sent by the Registrar and to the receiving club within seven calendar days, with copies sent to all clubs.
- 3.2. A gymnast may compete unattached (implying that she will not wear the uniform of any club for that period) until the 90 days waiting period has elapsed. An unattached gymnast is eligible for awards and team placement, but does not qualify for coach's points in selection of a team coach or for team points in team competition.
- 3.3. As of August 31, preceding the new competitive season, all gymnasts may register with a club of their choice with no waiting period.

#### Article 4 - Equipment Standards

- 4.1. Vault
  - 4.1.1. The vaulting table must be adjustable to the required height.
  - 4.1.2. It must be stable.
  - 4.1.3. Adjacent wall areas should be padded for safety if near the landing area.
  - 4.1.4. A beatboard collar is mandatory for all Yurchenko vaults.
- 4.2. Balance Beam
  - 4.2.1. A padded, stabilized, adjustable beam, free of rips or grooves, is required.
  - 4.2.2. Appropriate mats and landing mats should cover all exposed areas under and around the Beam.
- 4.3. Free Exercise
  - 4.3.1. A spring floor must be provided for Level 1 - Level 5 and all FIG meets.
  - 4.3.2. The corners should have sufficient mats to cover all exposed floor area.
- 4.4. Beat Boards
  - 4.4.1. All boards should be in good condition and be allowable under FIG regulations.
  - 4.4.2. If a specific board is placed at one event by the host club, it must remain there for all competitors to use if so desired.
- 4.5. Mats
  - 4.5.1. Proper and adequate mats must be provided at all events.
  - 4.5.2. Mats must be free of rips.
- 4.6. Equipment to be used should be listed in the competition information and any regulations that the host club decided upon should be adhered to.

#### Article 5 - Competitive Rules

- 5.1. All competitions will follow FIG Code of Points unless otherwise stated herein.
- 5.2. Gymnasts must compete on an All Around basis.
- 5.3. Competitive Draw: The draw for the Manitoba Open and selection competitions will be by the Executive Director and Technical Chairperson (or designate) at a published time and location. The draw will provide that a club will not have competitors first up on more than two events to start the competition.
- 5.4. Final score sheets of any competition (including every competitor) should be typed, or clearly printed and distributed, by the Head Scorer, immediately to the Publicity Chairperson, Executive Director, Judges Chairperson, Coaches Chairperson, WTC Chairperson and one copy for each

participating club. Score sheets should indicate: Name/Club/AA/ Olympic order for event results - Vault, Bars, Beam, Floor.

- 5.5. Entry fees will be refunded due to injury, illness or circumstances beyond control (weather) upon receipt of a Doctor's certificate. A \$15.00 administration fee will be retained on each refund.
- 5.6. Timed warm-up must be held before the meet and must amount to at least 1:30 minutes per entry (eg. 40 gymnasts = 60 minutes) in all Level 4 and above competitions. See Appendix G – MB Opens for Level 5 and FIG.
- 5.7. Between events, all gymnasts competing in Level 5 and above must receive an individual 30 second warm-up per gymnast per apparatus. This should be timed accurately with apparatus adjustment not counted into the thirty seconds.
- 5.8. Warm-up is to take place using the Olympic Order (i.e. beginning at the second event; continuing in Olympic Order to complete warm-up with the first competitive event.). Olympic order is: VAULT-BARS-BEAM-FLOOR. Whenever possible this is to occur for Optional Competitions.
- 5.9 For Provincial Championships Levels 1 – 4: CAPITOL CUP FORMAT
  - 5.9.1 This format begins with a 30 minute general warm-up. All equipment is available. The gymnasts then marshal and move to their first event. The event warm-ups are as follows:  
Beam & Bars - first 3 gymnasts warm-up; 1<sup>st</sup> gymnast competes; 4<sup>th</sup> gymnast warms up.  
Floor & Vault - usually warm-up half; compete; warm-up other half. The warm-up on bars and beam is usually completed while the judges calculate and record their scores.
- 5.10 All appeals (protests) must be in writing and must be submitted to the Meet Director by the Coach within fifteen minutes of the conclusion of the event rotation. The protest fee must accompany the written appeal which will be presented immediately to the Competition Head Judge, who will consult with the event D1 Judge. The fee will be returned only if the appeal is granted. The fee will be \$15.00. The fee will be entrusted to the WTC budget for Program activities, as determined by the WTC. A protest submitted by means of, or in conjunction with, any form of media will not be accepted.
- 5.11 A coach must not question any Judge concerning a score except by a proper protest. A coach may request clarification from the event D 1 Judge after the completion of the meet.
- 5.12.1 Coaches and athletes on the competition floor must be located sufficiently away from any judge so as not to hinder her deliberation or hinder the confidentiality of a judge's conference, as enforced by the Meet Director.
- 5.12.2 For Level 5 competitions, and above, a maximum of 10 gymnasts per rotation will be allowed. If necessary a fifth group will be formed and each group will have a "bye". Groups should be divided as equally as possible. If a rotation has more than 7 gymnasts, the gymnasts will warm up and compete in two groups. i.e. warm up 4 and compete 4: warm up next 4 and compete next 4.
- 5.12.3 All coaches participating in Competitive Programs - must have a minimum of Level 1 NCCP Certification. The registration form for each competition must have a space to list the coaches who will accompany the gymnasts and their level of certification.
- 5.12.4 At Provincial Level 1 – 5 and F.I.G. Competitions the D score will be flashed after each routine.

## Article 6 - MGA Competitions

### 6.1 Hosting a Provincial Championship Meet

- 6.1.1. Process: The host Club for any Provincial Championship Competition will consult with the Executive Director to insure that the entry forms contain all required information, and that the rules of said competition are known by the Meet Director.
- 6.1.2 The Club or Meet Director on behalf of the host Club will present a proposed budget which includes costs such as judges, scoring, awards, sanction fee, facility, hospitality, etc. (At least 3 months prior to Competition) Based upon this budget, an appropriate Entry Fee will be set.
- 6.1.3 All entry forms will be distributed by the host Club and all forms, fees, and releases will be returned directly to the Club, to be accounted for completely in the post competition report.

### 6.2. Manitoba Open Championships

#### 6.2.1 Day 1:

National Pre-Novice, Novice, National Open, HP Junior; HP Senior rules will be in effect.

- The following documents will be in use:  
2009 Code of Points,  
Canadian List of Elements;  
Canadian Code Supplement;  
GCG Canadian Models.  
Gymnastics Canada Equipment Document
- Athletes in HP Junior or Senior categories will be automatically placed on the Westerns Team as a Novice or Open, if they wish to compete.

#### Day 2:

Level 5 category will follow the Western Canadian rules.

- 6.2.2. All competitors in MGA sanctioned competitions must be GCG or USGF card holders.
- 6.2.3. Gymnasts must compete on an All Around basis.
- 6.2.4. Equipment: See GCG Equipment Document and CPP Equipment requirements.
- 6.2.5 An athlete may compete in a higher age group, but may not drop back in later years in the Manitoba Opens or any other National Stream Meet, unless the WTC had requested an athlete to represent the Province in a higher category.

### 6.3 Provincial Stream Provincial Championships

- 6.3.1 Provincial Champions in the Levels 1 – 4 will be determined by this competition.
- 6.3.2 All competitors in MGA sanctioned competitions must be GCG or USGF card holders.
- 6.3.3. Gymnasts must compete on an All Around basis.
- 6.3.4. Equipment: As specified in the CPP.

## Article 7 - Sanctioning

- 7.1. All meets held in Manitoba and utilizing MGA officials on a formal basis must be sanctioned by paying the mandatory MGA sanction fees as per MGA Policy and must follow the MGA Sanction Policy.

## Article 8 - Awards

8.1. The following minimum guidelines are to be used:

|        |                                    |                                  |
|--------|------------------------------------|----------------------------------|
| 8.1.1. | 5 or less competitors              | first All Around, 1-3 for events |
| 8.1.2. | 6 - 10 competitors (inclusive)     | 1-3 All Around, 1-5 for events   |
| 8.1.3. | 11 - 20 competitors (inclusive)    | 1-8 All Around and for events    |
| 8.1.4. | 21 or over competitors (inclusive) | 1-10 All Around and for events   |

## Article 9 - Mobility

**9.1 For the 2010 - 2011 competitive season, all gymnasts will compete in the level which the gymnast's coach deems appropriate. \*Note: Gymnast may be in same or higher level from the previous competitive season.**

9.2 A gymnast who does not qualify for the Canadian Championships or for the Western Canadians National Stream Program may compete on the second day of Manitoba Opens to qualify for the Western Canadians Provincial Stream.

If a gymnast qualifies for Canadian Championships as the 8<sup>th</sup> or 9<sup>th</sup> gymnast, but not for the National Stream Western Canadians, she may compete the 2<sup>nd</sup> day at Manitoba Opens for a Provincial Stream Western Canadians position. This gymnast may not compete in the Provincial Level 5 Optional Program for the remainder of the year and must compete in the F.I.G., category at the following Manitoba Open Championships. If she does not qualify for the National Program for Westerns, she may compete the following day in the Provincial Stream Program to qualify for Westerns.

## SECTION III - SELECTION OF TEAMS REPRESENTING THE PROVINCE

### Article 1 - Gymnasts

1.1. General Philosophy and Regulations

- 1.1.1. In order to select gymnasts of the highest calibre, selection meet(s) must be held in a competitive site where FIG equipment standards are available.
- 1.1.2. Petitions - A majority vote by the WTC is required. No points will be awarded to petitioned athlete's coach. (Please see Appendix I)
- 1.1.3. Carded athletes and High Performance athletes with National Team commitments may request to be excluded from selection meets. The request shall be in writing to the Executive Director not later than the entry deadline, and shall detail the National Team commitment. The request will be granted if the selection meet interferes with her National Team commitments. Team placement of these athletes will be considered by the WTC, assuming good health at the time of the scheduled event and good performance in most recent National or Elite Canada Meets. An acceptable period of pardon from a selection meet for a carded athlete is 3 weeks prior to a National Team commitment and 1 week after arrival at home.

- 1.1.4. Carded and High Performance athletes will, whenever possible, take part in Provincial Selection Meets and Manitoba Opens; and will represent Manitoba on all Provincial Teams, as long as such competitions do not interfere with the National Team training schedule or obligations.
- 1.1.5. Where more than one day of competition is specified for team selection, an athlete may be absent from competition only by written request to the Women's Technical Committee. Illness, injury documented by a medical certificate or a personal family catastrophe (or National Team commitment See Article 1.1.4., are the only acceptable reasons for accepting an absence from selection meets.
- 1.1.6. No physically injured athlete will be sent with a team. A team member who is not capable of performing full routines at the last practice (to be held the week prior to departure) will not be sent with the team. The Team alternate will be sent. If an athlete is unable to attend a team practice, the athlete must be evaluated by a judge and the team coach in order to be sent with the team.
- 1.1.7. If a gymnast is sick or injured and is unable to participate on the team, the coach must inform the MGA Executive Director, the WTC Chairperson and the coach of the team to determine if it is possible to replace the gymnast. The matter must be brought to the attention of these individuals asap. The next gymnast may be sent if she has achieved the qualifying score.
- 1.1.8. The WTC will determine the time and place for team practices. The content of the team practices will respect the individual gymnast's training program and include the performance of routines in a non-competitive environment.
- 1.1.9. Teams representing the Province will be ratified at the first MGA Executive meeting following the Selection Competition.

## 1.2. Selection of Teams Representing the Province

- 1.2.1. Western Canadian Championships
  - 1.2.1.1. Selection is based entirely on Manitoba Opens results. If there are not enough competitors in an age group to complete a team, the Technical Committee may select representatives using results from other categories in that year's Manitoba Opens.
  - 1.2.1.2. It is possible that a team may not be sent for each category. In this case, results from two or more categories may be used to select the team for the higher category (i.e. Novice and Open to make up Open team).
  - 1.2.1.3. A Level **5** Gymnast may compete at the Manitoba Opens in F.I.G. and may remain Level **5**-in that competitive season. If she is a member of the Westerns Team, she may remain Level **5** in the same competitive season.
  - 1.2.1.4. In the event of a tie for 7th place, or alternate position, the tie will be broken by totaling the gymnast's placing in each event. The gymnast with the lowest total will fill the position.
  - 1.2.1.5. To qualify for Western Canadians gymnasts must compete at MB Open Championships and rank to qualify for a team in their age group/category or in a higher age group or category.

- 1.2.1.6. The top placing gymnasts from Manitoba Open will be placed on a team regardless of age category but with respect to age requirements. Beginning with the first placing gymnast, teams will be filled at the discretion of the gymnast's coach, until all teams are complete.

## 1.2.2. Canada Games

- 1.2.2.1 Team Composition: Competitors: 7 Female  
Staff: 2 coaches, one of whom must be female and one of whom will be the manager. OR  
1 coach, 1 manager, one of whom must be female; in this case, one coach accredited for Men's gymnastics must be on the floor, in addition to the coach accredited for Women's Gymnastics during:
- the Team Competition
  - the All Around Finals if the province/Territories has more than one athlete competing.
  - If the women have one coach and one manager, the men must have two coaches.
- 1.2.2.2. Classification: Minimum - 12 years old as of January 1, 2011.  
Maximum-not having reached 20 years old as of January 1, 2011.
- 1.2.2.3. Restrictions: Any National team member or National Card-holder is not allowed to compete in these Games. Any gymnast who competes in the following meets is ineligible: Olympics, Pan Am. Games, Worlds, Commonwealth Games or any other criteria as stated by Canada Games Rules.
- 1.2.2.4. Petitions: Petitions will be considered for medical reasons only. Results from previous F.I.G. competitions in Canada, i.e. Elite Canada, will be considered when reviewing the petitions. A majority vote of the WTC will determine if a petition will be accepted. In the case the petition has been granted the gymnast will need to be judged by a minimum of 3 National level judges the following weekend, she must compete two times and achieve a higher score than the # 7 gymnast in order to take be granted the # 7 spot. If the gymnast does not achieve a higher score than the # 7 gymnast but does achieve a higher score than the # 8 gymnast then she will become the alternate.
- 1.2.2.5. In the event of a tie to qualify for the team the gymnast who is age eligible will have precedence over a gymnast who is not age eligible.  
In the event of a tie if both gymnasts are age eligible the gymnast with the higher single event score will be selected.
- 1.2.2.6. **All gymnasts must participate in the trials to earn one of the 7 places. Coaches selection will be based upon the highest total number of points earned by the placing of their gymnast. 1st place gymnast = 7 points; 2nd place gymnast = 6 points; 3rd place gymnast = 5 points; 4th place gymnast = 4 points; 5th place gymnast = 3 points; 6th place gymnast = 2 points; 7th place gymnast = 1 point. See Procedure Article 3: 3.2**

### 1.2.3. Western Canada Summer Games

- 1.2.3.1. Team Composition: Six (6) Female Athletes  
One (1) coach and One (1) manager \*  
One coach/manager must be female  
\* Manager to be shared with the men's team.
- 1.2.3.2. Classification: Open age class, with a minimum of 12 year of age as of December 31. All athletes must have valid provincial association membership.
- 1.2.3.3. Eligibility: The Games shall be open only to amateur athletes and registered as such by the provincial sport associations. Excluded from the Western Canada Summer Games are Current national senior team members Current national A carded athletes  
Any athletes who have competed in the following major games: Pan American, Commonwealth, Olympic.
- 1.2.3.4. Selection Process: A trials will be held to select the team. The top 6 placing athletes will be named to the team. The 7th athlete will be the alternate.

### 1.2.4. National Selection Meet or Elite Canada - Criteria for selection of gymnasts to receive funding for National Selection Meet (pending funds).

- 1.2.4.1. Funding will be contingent on placing in the top 2/3rds overall standings of the Meet.
- 1.2.4.2. Carded Athletes already receiving full funding are not eligible for extra funding to Elite Canada and or National Selection Meets.

### 1.2.5. Canadian Championships

- 1.2.5.1. National categories involved:
  - 1.2.5.1.1. Novice team (6 gymnasts) + All HP Novice
  - 1.2.5.1.2. Open team - see GCG rules
  - 1.2.5.1.3. High Performance (Junior and Senior)
- 1.2.5.2. Team eligibility is based on age prescribed by GCG Technical Regulations. Given that these basic requirements are met, selection will use the following criteria:
  - 1.2.5.2.1. Manitoba Opens
- 1.2.5.3. To qualify for Canadians gymnasts must compete at MB Open Championships and rank to qualify for a team in their age group/category or in a higher age group or category.

## Article 2 - Judges

### 2.1. General Philosophy for Selection Competitions

- 2.1.1. A coach may not act as the D 1 Judge in a category involving her own gymnast. A coach should not judge her own gymnast in any selection meet if adequate numbers of judges are available for the formation of panels.

- 2.1.2. Neutral (Brevet) D 1 Judges will be used at all team selection meets where possible

Article 3 - Coaches

- 3.1. Coaches for the Teams representing Manitoba are selected by the following method:
  - 3.1.1. To qualify for selection, a coach must have a minimum of Level 2 National Coaching Certification Program (NCCP).
  - 3.1.2. To qualify for selection as a coach at any GCG National Stream Competition a coach must have a minimum of Level 3 NCCP. (GCG Tech. Regulations 1993)
  - 3.1.3. Coaches are awarded points for the gymnasts ranking on team. Highest total earns position of coach. Example:

|                   |     |          |
|-------------------|-----|----------|
| Gymnast's points: | 1st | 6 points |
|                   | 2nd | 5 points |
|                   | 3rd | 4 points |
|                   | 4th | 3 points |
|                   | 5th | 2 points |
|                   | 6th | 1 point  |

- 3.2. Procedure:
  - 3.2.1. Gymnast entry form must state name and level for coaches of the gymnast
  - 3.2.2. The selection for coach is made by adding the gymnast's points. The coach with the highest total will be selected.
  - 3.2.3. In the case of a tie, the coach with the highest ranking gymnast is selected.

|       |                          |              |    |         |              |
|-------|--------------------------|--------------|----|---------|--------------|
| eg.#1 | Gymnast                  | 1st = 6 pts. | #2 | Gymnast | 2nd = 5 pts. |
|       |                          | 4th = 3 pts. |    |         | 3rd = 4 pts. |
|       | TOTAL                    | 9 pts.       |    |         | 9 pts.       |
|       | Coach of #1 is selected. |              |    |         |              |

- 3.3. If the selected coach cannot, or will not be available to, coach the team, the next point ranked coach will assume the Team Coach position, appointed by the MGA.
- 3.4. Special Directive for Coaches - Only assigned coaches are allowed on the floor with the team unless assistance is requested by the assigned coach and unless the competition rules allow for such a request.

Article 4 - Chef de Mission and Team Manager

- 4.1. To be selected by the M.G.A. Executive from written nominations.

Article 5 - Rules and Philosophy of Teams Representing Manitoba

- 5.1. Team Practices
  - 5.1.1. The objective of team practice(s) should be:

- 5.1.1.1. to familiarize the athlete and team coach;
  - 5.1.1.2. to familiarize the team members and to promote team spirit.
  - 5.1.1.3. to enable the team to work together in a simulated competition situation, with timed warm-up and full routines.
  - 5.1.1.4. to foster an atmosphere of spirit and encouragement between team members, which will result in an enjoyable and successful meet for the Manitoba delegation.
- 5.1.2. Prior to the planned team practice(s), the appointed team coach must meet with the coaches of the athletes involved to enable the team coach to ensure the continuity of existing training programs of each athlete and to prevent any severe alteration at such late date.
- 5.1.3. There will be a minimum of 1 team practice to be held in a location to be determined by the WTC.
- 5.1.4. Practice(s) must be completed one week prior to departure.
- 5.1.5. All team members and alternates must attend team practice(s) and the team must practice together. Carded and National Team Members must attend team practice(s), but need not participate.
- 5.1.6. Judges assigned to the specific meet must attend the team practice(s) to:
- 5.1.6.1. familiarize themselves with the routines of the Manitoba Team.
  - 5.1.6.2. to offer written suggestions to the coaches (club and team coach) of each athlete to further enhance Manitoba routines. (Re: FIG Requirements)
- 5.1.7. All team members must be ready to perform full routines at team practice(s). Athletes with recent injuries or illness, who are absent from the team practice(s) with petition and medical certificate, must be prepared to show full routines to an assigned panel of judges and WTC Chairperson or Vice-Chairperson at least 1 week prior to departure, or they will not be sent with the Provincial Team.
- 5.1.8. Failure of athletes, coaches or judges to adhere to the above rules will result in an inquiry and a possible disqualification of the offender as a result of a vote by the WTC, ratified by the MGA Executive Committee.
- 5.2. Competition Order
- 5.2.1. Competitor order on each event will be based on the complete results attained in the qualifying competitions. This order will be discussed with each athlete's coach when the Team Coach/Athlete Coach meeting takes place. All coaches involved must agree upon any changes to the competitive order.

#### Article 6 - Manitoba Teams - Uniforms

- 6.1. The official Province of Manitoba colors are required for teams representing the Province under specific provincial funding. (i.e. Western Canada Summer Games, teams under the "Provincial Team" assistance package, Canada Winter Games.)
- 6.2. The Women's Technical Committee will select the team leotard.

## Article 7 - Reporting

- 7.1 Selected coach(es) and official(s) must submit a verbal report to the Executive Director within fifteen (15) days of the completion of the event. (Report to include positive aspects, negative aspect, outcome, suggestions for improvements, trends and complete set of results.)
- 7.2. Selected coach(es) and official(s) must submit a statement of all allowable expenses to the Executive Director within seven (7) days of the completion of the event. Expenses submitted after the seven (7) day period will not be reimbursed.

## **SECTION IV - JUDGING REGULATIONS & POLICIES**

### Article 1 - Organization and Structure

- 1.1. All active judges registered with MGA are members of the Judges' Committee.
  - 1.1.1. An active judge is someone who, on a regular basis, judges competitions, studies and understands the Code of Points and/or Provincial Judging Rules, compulsory routines, and acts in an advisory capacity to coaches and gymnasts in the preparation of their routines.
- 1.2. Each registered judge will be accorded one vote at judges meetings (no proxies) subject to the following:
  - 1.2.1. On matters pertaining to National Judges, only judges registered as National Eligible to Brevet will be accorded one vote.
  - 1.2.2. On all other matters, all registered judges will be accorded one vote.
- 1.3. There are three streams of Judging Certification. Regional, Provincial and National. Regional Certification includes all judges that judge at a Regional level – *Beginner to Provincial 1*. Provincial Judges include all *Pre-National and Prov 1 – 4 judges*. National Judges include all Judges National Eligible to Brevet.
- 1.4. The judges' group will hold elections every two years at least two weeks prior to the MGA's Annual General Meeting. All judges should be given a five to six week notice of the date and time of the meeting to ensure representation from outside of the city of Winnipeg. The purpose of these elections is to:
  - 1.4.1. Elect a Provincial/Territorial (P/T) Chairperson. The P/T Chairperson does not need to be a National Level Judge however, *it is recommended that they hold a minimum Provincial Level 4*
- 1.5. These elections will follow MGA electoral procedures and include the entire judging membership.
- 1.6. There are four volunteer portfolios within the judging programs. These are: Regional Stream Coordinator, Provincial Stream Coordinator and National Stream Coordinator and Provincial Territorial Chairperson. An individual may hold more than one portfolio.

## Article 2 - Duties of the Judging Chairpersons and Portfolio Coordinators

### 2.1. P/T Judging Chairperson

- 2.1.1. Principle function is to supervise the functioning of all aspects and programs concerning the entire membership of judges. Including all judging records and correspondence.
- 2.1.2. Is directly responsible to the WTC Chairperson.
- 2.1.3. To represent the judges' interests at the Women's Technical Meetings.
- 2.1.4. To distribute to judges information and literature on judging to the appropriate coordinators for distribution.
- 2.1.5. To liaise with the JDSC Judging Chairperson.
- 2.1.6. To represent the province at meetings for Provincial Judging Chairperson.
- 2.1.7. To maintain current records of participation and rating of all judges.
- 2.1.8. To submit judging reports to the Sport Administrator for publication in MGA newsletters.
- 2.1.9. To submit a formal year end Judging Report to the WTC Chairperson, highlights of which will be included in the Chairperson's report to the MGA Annual General Meeting.
- 2.1.10. To provide support to all Coordinators when needed.

### 2.2. National Coordinator

- 2.2.1. Has responsibilities specific to the National Stream and must therefore hold a minimum of National Eligible standing within GCG.
- 2.2.2. Assigns judges for various competitions (i.e. Westerns, Nationals, Summer & Winter Games) at the national level.
- 2.2.3. Is responsible for the planning of Judging clinics, courses (development of materials, videos, workbooks, etc.) and meetings related to National and upcoming National Stream Judges.
- 2.2.4. Distributes pertinent information to National and Upcoming National judges (all judges currently eligible to judge at Pre-FIG meets).
- 2.2.5. To act as, or appoint, the Competition Head Judge at MGA FIG level competitions.
- 2.2.6. To submit judging panels and post meet reports to the P/T Chairperson for completion of records.
- 2.2.7. To resolve any concerns and upon completion, forward any written criticisms from coaches, meet conveners, etc., regarding the judging system or any individual judge to the P/T Chairperson.

- 2.2.8. To gather and submit all National judging report to the MGA Technical Chairperson for submission to GCG.
  - 2.2.9. To attend WTC and GCG P/T meetings in the absence of the P/T Chairperson.
  - 2.2.10. To actively promote the upgrading and mentorship of upcoming National Level Judges (currently Provincial Level 4 judges).
  - 2.2.11. Submit to the P/T Chairperson a Year End report on the status of the National Program within the Province detailing new judges, meets held, education and programs that were planned and held.
  - 2.2.12. Liaise with all National Stream Clubs with regards to any Judging issues or inquiries and provide a written report to the P/T Chairperson.
  - 2.2.13. To provide support when needed to other Judging Coordinators.
- 2.3. Provincial Coordinator
- 2.3.1. Has responsibilities specific to the Provincial Stream. (Recommended a minimum of Level 3 Provincial Judging Standing – may be a National judge.)
  - 2.3.2. Responsible for the planning of Judging clinics, courses, (development of materials, videos, workbooks, etc.) and meetings for Provincial and upcoming Provincial Stream Judges
  - 2.3.3. Distributes pertinent information to Pre - National and Upcoming Provincial judges.
  - 2.3.4. To act as, or appoint, the Competition Head Judge at MGA Provincial competitions.
  - 2.3.5. To submit judging panels and post meet reports to the P/T Chairperson for completion of records.
  - 2.3.6. To resolve any concerns and upon completion, forward any written criticisms from coaches, meet conveners, etc., regarding the judging system or any individual judge to the P/T Chairperson.
  - 2.3.7. To gather and submit all Provincial judging report to the P/T Judging Chairperson for entry into the Provincial Standings record.
  - 2.3.8. To attend WTC P/T meetings in the absence of the P/T Chairperson.
  - 2.3.9. To actively promote the upgrading and mentorship of upcoming Provincial Level Judges.
  - 2.3.10. Submit to the P/T Chairperson a Year End report on the status of the Provincial Program within the Province detailing new judges, meets held, education and programs that were planned and held.
  - 2.3.11. Liaise with all Provincial Stream Clubs with regards to any Judging issues or inquiries and provide a written report to the P/T Chairperson.
  - 2.3.12. To provide support for other Judging Coordinators when need be.

## 2.4. Regional Coordinator

- 2.4.1. Has responsibilities specific to the Regional Stream.
- 2.4.2. Creates judging panels for various Regional Stream Competitions.
- 2.4.3. Recommends up and coming Regional Judges for Side Judges at Panels.
- 2.4.4. Responsible for the planning of Judging clinics, courses, (development of materials, videos, workbooks, etc.) and meetings for the Regional Stream.
- 2.4.5. Distributes pertinent information to Regional Judges.
- 2.4.6. To act as, or appoint, the Competition Head Judge at MGA Regional competitions.
- 2.4.7. To submit judging panels and post meet reports to the P/T Chairperson for completion of records.
- 2.4.8. To resolve any concerns and upon completion, forward any written criticisms from coaches, meet conveners, etc., regarding the judging system or any individual judge to the P/T Chairperson.
- 2.4.9. To gather and submit all Regional judging reports to the P/T Judging Chairperson for entry into the Provincial Standings Record.
- 2.4.10. To attend WTC P/T meetings in the absence of the P/T Chairperson.
- 2.4.11. To actively promote the upgrading and mentorship of upcoming Regional Level Judges.
- 2.4.12. Submit to the P/T Chairperson a Year End report on the status of the Regional Program within the Province detailing new judges, meets held, education and programs that were planned and held.
- 2.4.13. Liaise with all Regional Stream Clubs with regards to any Judging issues or inquiries and provide a written report to the P/T Chairperson.
- 2.4.14. To provide support for other Judging Coordinators when need be.

### Article 3 - Election of the P/T Chairperson and the Judging Coordinators

- 3.1. To be elected as the P/T Judging Chairperson, the nominee must be a registered judge in good standing within the Province of Manitoba. It is recommended that they be a minimum certification of Level 4.
- 3.2. To be elected as the National Judging Coordinator, the nominee must be a registered judge in good standing with a minimum NE standing within GCG.
- 3.3. To be elected as a Provincial or Regional Judging Coordinator, the nominee must be a registered judge in good standing within the Province of Manitoba. It is recommended that they hold a minimum certification of Level 3.

### Article 4 - Judging Committee Regulations

- 4.1. The Committee shall meet on a regular basis to be determined by the committee at the beginning of each gymnastics year, and at such other times throughout the year as are deemed necessary by the committee.
- 4.2. The Gymnastics year, for purposes of these regulations, shall be from the day following the Annual General Meeting to the date of the next Annual General Meeting.

- 4.3. The members of the Judging Committee are responsible for ensuring that their current mailing addresses are known to the P/T Judging Chairperson, and shall advise in writing of any changes in address.
- 4.4. The chairperson shall appoint a secretary to record the minutes of each meeting, including all motions passed, matters discussed and tabled and schedules prepared. All supporting documentation shall be retained and filed with the respective minutes.
- 4.5. The P/T Judging Chairperson shall present, in writing, a summary of the judges' meeting to the WTC.
- 4.6. The P/T Judging Chairperson must present all matters for ratification by the WTC Committee in the manner that they have been determined by the Committee majority.
- 4.7. The formalized minutes shall be distributed to all members of the Judging Committee, as well as to the WTC Chairperson.

Article 5 - Requirements

5.1. Uniform

5.1.1. The MGA judging uniform for all MGA sanctioned meets:

- Dark or Navy blue pants or skirt
- Plain white blouse
- Dark or Navy Blazer
- Soft soled shoes (sockettes, or gym slippers preferable)

5.2. Judging Record Book

5.2.1. The judging record book should contain the following information:

- 5.2.1.1. A list of all meets judged including date, level, apparatus and any comment.
- 5.2.1.2. A list of all clinics attended throughout the year, the level of the clinic and the subject.
- 5.2.1.3. A list of all time spent as observation hours in the gym. The judge should obtain authorization where necessary.

5.2.2. The judging record book should be submitted to the Judging Chairperson or Judging Vice-Chairperson in June of every year for checking, recording and determining if the judge has fulfilled her judging requirements, and to be filed at the MGA office. It is the responsibility of every judge to record all of her judging assignments throughout the year.

5.3. Judging Materials and Registration Information

5.3.1. It is the professional responsibility of each judge to have all necessary materials required for her judging level. Judging materials are available from the MGA office, the Judging Chairperson or the Judging Vice-Chairperson.

- 5.3.1.1. Code of Points
- 5.3.1.2. Technical Regulations for current year
- 5.3.1.3. Regional Stream Routines; CPP Document
- 5.3.1.4. Code Supplement

5.3.2. Judging Materials and Registration Information

5.3.3. Each judge must register with the MGA for the current season. Registration with the MGA includes registration with GCG and entitles the registrant to receive the Technical Regulations for the current year, Newsletter Publications and a vote at the Annual General Meeting (as per MGA Voting Regulations).

#### Article 6 - Honorarium

6.1. Honorarium(Responsibility of host club) (June, 1989)

6.1.1. The honorarium for ALL competitions (eg. schools, universities and clubs) will be as follows:

|                         |   |
|-------------------------|---|
| Regional Stream         | \$15.00 per competitive session in 1 <sup>st</sup> year<br>\$20.00 per competitive session in 2 <sup>nd</sup> /3 <sup>rd</sup> year |
| Provincial 1 -2         | \$25.00 per competitive session   |
| Provincial 3, 4         | \$30.00 per competitive session   |
| National Eligible/Nat.1 | \$35.00 per competitive session   |
| National 2,3,4          | \$40.00 per competitive session   |
| Brevet                  | \$45.00 per competitive session   |

6.1.2. Definition of a session:

|                 |                   |   |              |
|-----------------|-------------------|---|--------------|
| Provincial 1, 2 | Up to 40 gymnasts | = | 1 session    |
|                 | 41 - 48 gymnasts  | = | 1.5 sessions |
|                 | 49 - 60 gymnasts  | = | 2 sessions   |
| Provincial 3-4  | Up to 32 gymnasts | = | 1 session    |
|                 | 33 – 40 gymnasts  | = | 1.5 sessions |
|                 | 41 - 50 gymnasts  | = | 2 sessions * |

\* Over 40 gymnasts requires a Bye and is therefore much longer.

|   |                   |   |              |
|---|-------------------|---|--------------|
| P5, F.I.G. and Provincial Selection Meets | Up to 24 routines | = | 1 session    |
|   | 24 -32 routines   | = | 1 ½ sessions |
|   | Over 32 routines  | = | 2 sessions   |

6.1.3. The Host Club will also pay out of town judges per diem (\$30.00/day), mileage (\$0.35/km) and accommodations.

6.4. Judges should ensure all schools, universities and clubs using MGA judges are registered with the MGA as Associate member Club or Competitive Club members.

## 6.2. Clinician's Honorarium

- 6.2.1. Any judge who conducts a clinic or course for other judges shall be paid at least the honorarium rate as listed in the NCCP rates per hour. To be eligible for the honorarium, the course or clinic must be officially recognized by either MGA or GCG. Should additional expenses be incurred (eg. travel, teaching materials, etc.), MGA policies concerning these issues will be followed.

## Article 7 - Professionalism of Judges

### 7.1. Perspective of Judging

- 7.1.1. A judge's conduct will demonstrate professionalism and responsibility to the sport and will promote respect for the individual judge and the MGA.

### 7.2. Judges' Rules of Conduct

- 7.2.1. A judge must be well qualified in gymnastics, understand gymnastics technique and know the rules of judging thoroughly.
- 7.2.2. A judge must be up to date on the FIG Code of Points, rules interpretations, current provincial modifications and all applicable compulsory routines.
- 7.2.3. A judge must be thoroughly prepared for each judging assignment. She must know the specific meet assignments with regard to type of competition level and age group.
- 7.2.4. A judge must be cognizant all of the regulations and interpret them during an actual performance.
- 7.2.5. A judge must be alert at all times and quickly and accurately produce a score. She should have a basis for the score derived and be prepared to rationally and logically explain and support such a score. A judge should be cooperative in working with other judges in conferences and through protests.
- 7.2.6. A judge must not allow anything to influence or give the appearance of affecting her judgment in rendering fair and impartial scores.
- 7.2.7. A judge should treat gymnasts, coaches, other judges, volunteers and spectators with respect and in so doing encourage reciprocal treatment.
- 7.2.8. Judges must be prepared and willing to promote their growth and development through sharing of knowledge within the judging ranks.
- 7.2.9. A judge must refrain from derogatory remarks or outward, non-verbal expressions regarding performances, scores or appeals.
- 7.2.10. A judge must not criticize or attempt to explain other officials' judgment or decisions to any of the coach, team or affiliate.
- 7.2.11. A judge must at all times act professionally and should not discredit the MGA/GCG.
- 7.2.12. A judge must not speak to the media on behalf of the MGA or GCG.

- 7.2.13. All judges must ensure their attendance and prompt arrival at all meets. (1 hour prior to competition time/FIG; 30 minutes prior to competition time/provincial level meets).
- 7.2.14. Judges must be prepared to judge all required meets as scheduled in the annual Provincial Calendar unless the Judging Chairperson is advised otherwise.
- 7.2.15. All judges fall under the MGA and are subject to the authority of the WTC and the MGA Executive. Any transgression of the Women's Judging Rules of Conduct or the MGA Code of Ethics by a judge will be dealt with formally through the Judging Committee.
- 7.2.16. Brevet Judges are subject to the direct authority of GCG.
- 7.3. All grievances involving a judge, including those presented directly to the MGA, must be presented in writing to the National Judging Chairperson. All matters will be dealt with discreetly and in confidence.

#### Article 8 - Judging Assignments

- 8.1. The goal of assigning judges to various meets is to ensure the total growth and development of MGA judges.
- 8.2. All judging assignments are made through the Judging Committee.
- 8.3. Clubs must submit, for approval through the Judging Committee, all requests for judges traveling to invitational meets.
- 8.4. Personal invitations must also be submitted for approval.
- 8.5. The rationale for submission for approval being:
  - 8.5.1. To ensure the judge fulfills assignment requirements.
  - 8.5.2. To provide equal opportunity to develop judging skills.
  - 8.5.3. To ensure the judge's affiliation is with M.G.A./GCG
- 8.6. At the beginning of each competitive season (where possible) clubs are asked to file their requests for judges to accompany them to out-of-province meets. These requests should include:
  - 8.6.1. Date, time, competition site, competition level, number of competitors, etc.
  - 8.6.2. Qualifications of judge-elect.
  - 8.6.3. Details re: financial arrangements i.e. can club provide transportation.
- 8.7. Provincial judges will be selected for these assignments with consideration to the following factors:
  - 8.7.1. Fulfills competition requirements.
  - 8.7.2. Requires for maintenance or up-grading and is available to attend.
  - 8.7.3. Financial arrangements are mutually agreeable between selected judge and invited club.

- 8.8. To attend Westerns and Nationals, GCG requirements must first be considered.
- 8.9. Westerns (Provincial Requirements)
  - 8.9.1. Must be at least National Eligible for 1 full calendar year prior to Westerns.
  - 8.9.2. Must have attended and successfully completed the current National Judging Course.
  - 8.9.3. Must have attended and successfully completed current provincial FIG clinics in the current year.
  - 8.9.4. Judge at least one half of scheduled provincial FIG meets.
  - 8.9.5. A judge who travels out of province and judges FIG meets, can petition the out of town judging assignments as one of her provincial FIG meets.
- 8.10. Nationals (Provincial Requirements)
  - 8.10.1. Must be National I for at least one full calendar year prior to Nationals.
  - 8.10.2. Must have attended and successfully completed current provincial FIG clinics in the current year.
  - 8.10.3. Must have attended and successfully completed current provincial FIG clinics in the current year.
  - 8.10.4. Judge at least one half of scheduled provincial FIG meets.
  - 8.10.5. A judge who travels out of province and judges FIG meets, can petition the out of town judging assignments as one of her provincial FIG meets.
- 8.11. Selection Criteria for Travel to Westerns, Nationals and Summer/Winter Games - The following points will be considered in the selection of judges to represent Manitoba at the above meets:
  - 8.11.1. GCG Rules and Regulations for upgrading and maintaining.
  - 8.11.2. The judge's contribution to the Provincial Gymnastics Program.
  - 8.11.3. The ongoing development process of the judge.
- 8.12. Judging Panel Rules
  - 8.12.2. Level 1 – 5 and F.I.G. competitions will be judged by panels consisting of 2 or more judges.
  - 8.12.3. Each meet will be assigned a Meet Competition Head Judge. For F.I.G. Competitions the Competition Head Judge should be at least National Eligible, if possible.
  - 8.12.4. Event Head Judges for Provincial Level I and II must be at least Provincial IV, if possible. For all other levels, Event Head Judges should be National Judges, if possible.
- 8.13. Judging Panel Rules

- 8.13.1. Coaches may judge their own gymnasts if they are not the head judge, where this does not conflict with GCG rules, at GCG sanctioned meets.

#### Article 9 - Provincial Involvement of National and Brevet Judges

- 9.1. The judge recognizes an obligation to her province by commitment to the following:
  - 9.1.1. To judge within the province, according to the provincial definition of an active judge.
  - 9.1.2. To be involved in provincial technical planning, if so requested.
  - 9.1.3. To be available for teaching/instructional presentations for higher level judges within the province.
  - 9.1.4. To be available for consultations when Brevet level expertise is required.
  - 9.1.5. To take advantage of opportunities within the province to contribute to judging development as well as self-improvement (clinics, study groups, seminars, high-level competitions, etc.).

#### Article 10 - Judges Roles and Duties

- 10.1. Duties of Competition Head Judge
  - 10.1.1. Arrive at competition site at least 30 minutes prior to start of judge's meeting.
  - 10.1.2. Check attendance of arriving judges.
  - 10.1.3. Prepare judges pay sheet and ensure that judges are paid.
  - 10.1.4. Check competition site and ensure that all apparatus and mats correspond to the meet requirements, all necessary working materials and auxiliary personnel are on hand and functioning (score sheets, stop watches, score flashing devices, etc.)
  - 10.1.5. Preside over judges' meeting giving general direction and information regarding level of gymnasts. Pass on any updated information regarding technical rules and changes. Divide the group into their event groups and allow the Event Head Judge ample opportunity to meet with individual judges.
  - 10.1.6. If necessary, make appropriate changes to the panels of judges.
  - 10.1.7. Oversee the smooth and efficient running of the competition. Assist the host club with any technical difficulties - eg. scoring.
  - 10.1.8. File a post meet report with the P/T Judging Chairperson. (see GCG Rules)
  - 10.1.9. Have all appeals directed to her and be an active participant in all discussions regarding appeals where required. Communicate results of a protest directly to the Meet Director where appropriate. File with her Post Meet Report a list of all appeals, both granted and denied. A copy of the appeals list along with the appropriate funds must be sent directly to the MGA office.
  - 10.1.10. The Competition Head Judge should stay for 1/2 hour at the end of the competition to answer any questions or clarification the coaches may have.

## 10.2. Duties of the D 1 Judge

- 10.2.1. Review level requirements and expectations with their panel regarding composition and difficulty at the pre-meet judges' meeting.
- 10.2.2. Check with Competition Head Judge to be sure that all equipment and assistants (eg. stop watches, timers, scorers, score sheets) are ready prior to the start of the meet. (For your event only).
- 10.2.3. Call a conference of the panel judges in the event of too wide a range of scores. (as per FIG Code of Points)
- 10.2.4. Note any D Panel deductions on the score sheets.
- 10.2.5. Check and sign the score sheet following the conclusion of each rotation.
- 10.2.6. Aid the Competition Head Judge in the smooth running of the meet.
- 10.2.7. Refer coaches who are protesting Competition Head Judge. Do not get into a discussion with them unless they are requesting only a clarification.
- 10.2.8. Conduct a conference with event panel judges in case of a protest and present written detailed response to the Competition Head Judge.
- 10.2.9. Ensure proper placement and number of judges. (See FIG Code of Points)

## 10.3. Rights and Duties of the E Panel Judge (FIG Code of Points)

- 10.3.1. She must evaluate the exercise correctly and with expertise as per the rules in place for the level of competition. She must fill out the judge's slip quickly and clearly - with legible signature.

## 10.5. Role of the Beginner Judge

- 10.5.1. Attend all provincial clinics.
- 10.5.2. Side-judge at Provincial Level I and II meets.
- 10.5.3. Act as assistants at FIG meets when required.

## 10.6. Duties of the Assistants

- 10.6.1. They are able to be utilized:
  - 10.6.1.1. as a line judge.
  - 10.6.1.2. as a timer of balance beam or floor.
  - 10.6.1.3. as a timer for the intermediate time and control of the beginning of the exercise after the signal from the Head Judge.

## Article 11 - Certification and Upgrading of MGA Judges (Provincial) (see Appendix E and F)

- 11.1. There are four levels of Provincial Judges.
- 11.2. Manitoba judges will certify and upgrade according to the requirements and recommendations of the CGF Judges' Training program.

- 11.3. Upon completion of her 2nd year at Level IV, a judge's name can be submitted for National Eligible status.
- 11.4. Where GCG Program Levels are not complete, provincial content and requirements will be substituted yet adhere closely to GCG's design for judging development.

Article 12 - Certification and upgrading of GCG Judges and GCG Regulations

- 12.1 A copy of the GCG Judging Rules & Regulations is available upon request through MGA office.

**APPENDIX A  
WOMEN'S COMPETITIVE STRUCTURE  
BIRTH YEARS AS OF 2010-2011**

|                               | PROVINCIAL                                      |  |   |  |   | NATIONAL                                 |  |
|-------------------------------|---|--|---|--|---|--|--|
|                               | PROVINCIAL<br>1                                 | PROVINCIAL<br>2                                  | PROVINCIAL<br>3                                       | PROVINCIAL<br>4  | PROVINCIAL<br>5   | NATIONAL                                 | HIGH<br>PERFORMANCE                          |
| <b>COMPETITIVE CATEGORIES</b> | Open<br>1996 and ↓<br>Compulsory<br>Elements    | Open<br>1996 and ↓<br>6 elements<br>A allowed    | Open<br>1996 and ↓<br>6 elements<br>A-B allowed       | Open<br>1996 and ↓<br>6 elements<br>A-B-C<br>allowed       | Open<br>1996 and ↓<br>8 elements<br>A-B-C-D<br>allowed    | Open<br>1998 and ↓<br>FIG<br>CDN Model   | HP Senior<br>1997 and ↓<br>FIG               |
|                               | Novice<br>1997 - 1998<br>Compulsory<br>Elements | Novice<br>1997 - 1998<br>6 elements<br>A allowed | Novice<br>1997 - 1998<br>6 elements<br>A-B allowed    | Novice<br>1997 - 1998<br>6 elements<br>A-B-C<br>allowed    | Novice<br>1997 - 1998<br>8 elements<br>A-B-C-D<br>allowed |  | HP Junior<br>1996 – 1999<br>FIG<br>CDN Model |
|                               | Tyro<br>1999 – 2000<br>Compulsory               | Tyro<br>1999 – 2000<br>6 elements<br>A allowed   | Tyro<br>1999 – 2000<br>6 elements<br>A-B allowed      | Tyro<br>1999 – 2000<br>6 elements<br>A-B-C<br>allowed      | Tyro<br>1999 – 2000<br>8 elements<br>A-B-C-D<br>allowed   | Novice<br>1998 -2000<br>FIG CDN<br>Model | HP Novice<br>1998 – 2000<br>FIG<br>CDN Model |
|                               | Argo<br>2001–(2002)*<br>Compulsory<br>Elements  | Argo<br>2001–(2002)*<br>6 elements<br>A allowed  | Argo<br>2001–<br>(2002)*<br>6 elements<br>A-B allowed | Argo<br>2001–<br>(2002)*<br>6 elements<br>A-B-C<br>allowed | Canadian Pre-Novice<br>Aspire / Elite<br>2000-2002        |  |  |
|                               | Pre-comp  | Developmental Programs                           |   |  |   |  |  |
| REC                           | Recreational Programs                           |  |   |  |   |  |  |

## **APPENDIX B**

### **MGA ATHLETE GUIDELINES**

1. The athlete will represent the MGA in a manner befitting the MGA, on and off the floor.
2. All athletes are prohibited the use of, or possession of, alcohol.
3. Use, possession, or being in the presence, of any substance prohibited by law under Federal Drug Legislation is strictly prohibited.
4. Coaches must be informed of any pertinent medical information such as medication, allergies, etc.
5. Vandalism will not be tolerated. The Chef de Mission shall have the authority to return the individual(s) to their home at the parents' expense. Cost of the vandalism shall be the responsibility of the gymnast(s)/parents involved.
6. No athlete will be allowed to leave the team without permission of their coach or Manager. Underage athletes may be allowed, in some circumstances, to leave the group but only with a written letter from parents before departure for the competition, i.e. to visit relatives.
7. The athlete is to adhere to the determined curfews.
8. The athlete is required to abide by any additional rules which a coach and/or Manager may set and are approved by the Chef de Mission.
9. All team members will travel by transportation designated by the provincial body and at the same time as other team members, unless previously arranged through the appropriate Technical Committee and ratified by the Executive or the Chef de Mission.

## **APPENDIX C**

### **MGA COACHES GUIDELINES**

1. The coach will represent the MGA in a professional manner on and off the floor.
2. All coaches traveling on behalf of the MGA must sign a Coach's Guidelines form which outlines expectations and responsibilities.
3. All coaches will travel by transportation designated by the provincial body and at the same time as other team members, unless previously arranged through the appropriate Technical Committee and ratified by the Executive or the Chef de Mission.
4. It is the Coaches' responsibility to ensure their team(s) is appropriately supervised at all times.
5. The coach and manager, with Chef's approval, will assign a curfew.
6. The coach will ensure that the Manager is made aware of any pertinent medical information supplied by the athlete(s).

**APPENDIX D**

| <u>Level</u>                | <u>Clinics Required</u>        | <u>Meets Required</u>             | <u>Written Exam Required</u> | <u>Practical Evaluation</u> |
|-----------------------------|--------------------------------|-----------------------------------|------------------------------|-----------------------------|
| Regional 1                  | 1 Theory<br>1 Practical        | 2 Minimum                         | N/A                          | N/A                         |
| Regional 2                  | 1 Minimum                      | 1 Minimum                         | N/A                          | N/A                         |
| Regional 3+                 | N/A                            | 1Minimum                          | N/A                          | N/A                         |
| Provincial 1                | Meet Regional 1 Requirements   |                                   |                              |                             |
|                             | Plus 1 Clinic                  | 1 Regional<br>1 Provincial        | Yes -                        | N/A                         |
| Provincial 2                | Meet Provincial 1 Requirements |                                   |                              |                             |
|                             | Plus 1 Clinic                  | 1 Regional<br>1 Provincial        | Yes -                        | N/A                         |
| Provincial 3                | Meet Provincial 2 Requirements |                                   |                              |                             |
|                             | Plus 1 Clinic                  | HJ at least 2<br>different events | Yes                          | Yes                         |
| Provincial 4                | Meet Provincial 3 Requirements |                                   |                              |                             |
|                             | Plus 1 Minimum                 | Judge all 4 events                | Yes                          | Yes                         |
| National<br>Eligible and Up | As Per GCG Requirements        |                                   | Yes                          | Yes                         |

Maintenance  
Levels

Please Note: Recommendations for all levels

- A. Gym Observation Time (2hours per level per year)
- B. Video Practice (Tapes available at the MGA)
- C. Own a Code of Points (Available at MGA)

**APPENDIX E  
SUMMARY - MAINTENANCE AND UPGRADING REQUIREMENTS**

**Maintenance & Upgrading Requirements - National Eligible**

| GENERAL REQUIREMENTS     | MAINTENANCE<br>NOTE: if any requirement is not met, NE judge will be dropped from National List | UPGRADING<br>NE ⇒ N 1  |
|--------------------------|---|--|
| 80 WP approved routines* | 60 per year   | 80 per year in last 2 years at NE                              |
| National Course          | ✓ - 75%   | ✓ - 80%  |
| Assessments              | 1 every 2 years - 85%   | 3 in last two years at NE<br>- 85% at GCG Approved Competition |

**Maintenance & Upgrading Requirements - National 1**

| GENERAL REQUIREMENTS     | MAINTENANCE           | UPGRADING<br>N 1 ⇒ N 2  |
|--------------------------|-----------------------|---|
| 80 WP approved routines* | 80 per year           | 80 per year   |
| National Course          | ✓ - 80%               | ✓ - 80%   |
| Assessments              | 1 every 2 years - 85% | - in second year [or later] - 85% at GCG Approved Competition |

**Maintenance & Upgrading Requirements - National 2**

| GENERAL REQUIREMENTS     | MAINTENANCE            | UPGRADING<br>N 2 ⇒ N 3  |
|--------------------------|------------------------|---|
| 80 WP approved routines* | 80 per year            | 80 per year   |
| National Course          | ✓ - 80%                | ✓ - 85%   |
| Assessments              | 1 every 2 years - 85%, | in second year [or later] - 90%,<br>at GCG Approved Competition |

**Maintenance & Upgrading Requirements - National 3 & 4**

| GENERAL REQUIREMENTS     | MAINTENANCE                     | UPGRADING<br>N 3 ⇒ N 4   |
|--------------------------|---------------------------------|--|
| 80 WP approved routines* | 80 per year                     | 80 per year  |
| National Course          | ✓ - N3 & 4 - 85%                | ✓ - 85%  |
| Assessments              | 1 every 2 years<br>N3 & 4 - 90% | in second [or later] year - 90% at Canadian Championships or Canada Winter Games |

\* For details of 80 routine requirements, refer to 8.5.1; 8.8.3; 8.8.4 a) ii); 8.9.2; 8.10.2; 8.11.2; 8.12.2; 8.13.3 b)

If a NJ does not meet either of the following maintenance requirements: number of FIG Meets, or assessment, they will maintain their current level in the next year. If they do not meet either of these requirements in the following season they will drop 1 level; if in the following season requirements are still not met; they will drop a further level. [e.g. N3→N2, N2→N1]

## APPENDIX F

### Technical Regulations: Manitoba Open Championships

#### DIFFICULTY REQUIREMENTS:

##### 6.1.1 Day 1:

National Pre-Novice, Novice, National Open, HP Junior; HP Senior rules will be in effect.

- The following documents will be in use:

2009 Code of Points,

Canadian List of Elements;

Canadian Code Supplement;

GCG Equipment Document

GCG Canadian Models.

- Athletes in HP Junior or Senior categories will be automatically placed on the Westerns Team as a Novice or Open, if they wish to compete.

**Day 2:** Level 5 category will follow the Western Canadian rules. The Pre-Novice category will use GCG rules.

The D Score will be flashed at each event for each performance.

#### COMPETITIVE DRAW:

The WTC Chairperson and the Executive Director will conduct the draw for the competition at a published date, time and location.

The draw will provide that a club will not have competitors first up on more than 2 events to begin the competition.

A maximum of 10 gymnasts per rotation will be allowed. If necessary a fifth group will be formed and each group will have a "bye".

If a rotation has more than 7 gymnasts, the gymnasts will warm up and compete in two groups. (i.e. warm up 4, and compete; warm up next 4 and compete).

#### ENTRY FEES:

Any entry sent after the registration deadline but 5 days before the competition will be accepted with a \$10.00 late penalty fee. No entries will be accepted after this 5 day period.

**Registration fee: \$90.00**

## **COACHES N.C.C.P. CERTIFICATION**

All coaches must be fully certified Level 1.

### **WARM UP TIME:**

A timed warm up will be held prior to the competition and will amount to a minimum of 2 minutes per entry. (40 gymnasts - 80 minutes).

A touch warm up of 30 seconds for beam and floor, 50 seconds for uneven bars and 2 vaults will be allowed for each rotation.

Warm up will take place in Olympic order beginning at the second event. Olympic order is: Vault, Bars, Beam, Floor. (e.g. if your first event is Vault, you will begin warm up at Bars, move to Beam, Floor and finish at Vault)

### **PROTESTS:**

All protests must be in writing, on the correct form, available from the Meet Director and must be submitted to the Competition Head Judge within 15 minutes of the conclusion of the event rotation. The protest fee must accompany the written protest. The fee will be \$15.00. If the protest is granted, the fee will be returned. If the protest is denied the \$15.00 will be allocated to the WTC budget, for program activities as determined by the WTC.

The Competition Head Judge will consult with the Event D 1 Judge, who in turn will consult with her panel to determine if the protest will be granted or denied.

Both the Competition Head Judge and Event Competition D1 Judges will be available after the competition for questions or clarifications.

### **AWARDS:**

|                                     |                                |
|-------------------------------------|--------------------------------|
| 5 or less competitors:              | First All Around; 1-3 Events   |
| 6 -10 competitors (Inclusive)       | 1-3 All Around; 1-5 Events     |
| 11-20 competitors: (Inclusive)      | 1-8 All Around and for Events  |
| 21 or over competitors :(Inclusive) | 1-10 All Around and for Events |

## **APPENDIX H**

### **The Petition Process**

#### **General Information:**

1. The petition must be in writing and must include the information listed under Petition Protocol.
2. It is the responsibility of the coach of the athlete to ensure that all required documentation is available at the submission of the petition.
3. The petition will only be accepted from the coach of the athlete.
4. All petitions will be dealt with individually.
5. A gymnast may not be petitioned for a second consecutive year as a result of not having attained the minimum required score

#### **Petition Protocol:**

##### **a) Medical Petition**

1. All petitions must be presented to the Women's Technical Committee for consideration.
2. The coach must provide in writing the routine content and start value of the individual being petitioned. All routine information must be with regards to a routine that the athlete has competed.
3. The coach must provide documentation illustrating prior and most recent competitive results of competitions that the athlete has attended. These results must, be from competitions that are of the same level that the athlete is petitioning *for*.
4. Medical documentation must include the nature of the injury/illness and the expected recovery time to return to regular training.

##### **b) Petition for not attaining minimum score**

1. All petitions must be presented to the Women's Technical Committee for consideration.
2. A \$20.00 fee must accompany all petitions and will be returned should the petition be accepted.
3. The coach must provide in writing the routine content and start value of the individual being petitioned. All routine information must be with regards to a routine that the athlete has competed.
4. The coach must provide documentation illustrating prior and most recent competitive results of competitions that the athlete has attended. These results must be from competitions that are of the same level that the athlete is petitioning *for*.

#### **Petitions will be considered in the following order.**

1. Athletes that are injured but have demonstrated the ability to achieve the required score on several occasions. This ability must be supported by documentation provided to the mc by the athlete's coach.
2. Athletes that have not achieved the minimum score but have demonstrated the ability to achieve the required score on several other occasions. This ability must be supported by documentation provided to the WTC by the athlete's coach.
3. An athlete who can contribute to the team on 3, 2, or 1 event. This event contribution must be supported by documentation provided to the WTC by the athlete's coach.
4. An athlete who has the ability to medal on at least one event. This ability must be supported by documentation provided to the WTC by the athlete's coach.